

Pl	tnr	Name	Kat	Zeit													
<b>Bahn 1 (14)</b>				<b>6,9 km 195 Hm</b>	<b>12 P</b>												
				1(41)	2(42)	3(43)	4(44)	5(45)	6(46)	7(47)	8(48)	9(49)	10(50)	11(51)	12(52)	Ziel	
1		<b>Ole Hennseler</b>	H19	<b>45:52</b>	<b>2:23</b>	<b>9:56</b>	<b>13:00</b>	<b>15:34</b>	<b>18:39</b>	<b>23:26</b>	<b>28:12</b>	<b>30:08</b>	<b>35:44</b>	<b>39:37</b>	<b>42:47</b>	<b>45:17</b>	<b>45:52</b>
		MTV Seesen			<b>2:23</b>	7:33	<b>3:04</b>	<b>2:34</b>	3:05	4:47	4:46	<b>1:56</b>	<b>5:36</b>	3:53	<b>3:10</b>	<b>2:30</b>	<b>0:35</b>
2		<b>Markus Müller</b>	H19	<b>49:28</b>	3:10	10:41	14:04	17:30	20:03	25:33	30:11	32:53	38:58	42:28	46:09	48:47	49:28
		OSC Kassel			3:10	<b>7:31</b>	3:23	3:26	<b>2:33</b>	5:30	<b>4:38</b>	2:42	6:05	<b>3:30</b>	3:41	2:38	0:41
3		<b>Aaron Wandelt</b>	H19	<b>55:21</b>	3:03	12:19	16:40	20:11	24:37	29:15	34:51	37:29	43:48	47:47	51:34	54:41	55:21
		MTV Seesen			3:03	9:16	4:21	3:31	4:26	<b>4:38</b>	5:36	2:38	6:19	3:59	3:47	3:07	0:40
4		<b>Jens Struckmann</b>	H19	<b>1:01:23</b>	3:59	13:19	18:25	22:30	26:01	32:15	38:21	41:15	48:27	52:55	57:13	1:00:30	1:01:23
		Braunschweiger MT			3:59	9:20	5:06	4:05	3:31	6:14	6:06	2:54	7:12	4:28	4:18	3:17	0:53
5		<b>Martin Hennseler</b>	H19	<b>1:03:04</b>	3:36	12:47	17:06	21:52	25:49	30:56	36:40	39:42	46:53	51:22	59:25	1:02:21	1:03:04
		MTV Seesen			3:36	9:11	4:19	4:46	3:57	5:07	5:44	3:02	7:11	4:29	8:03	2:56	0:43
6		<b>Mark Otto</b>	H19	<b>1:04:10</b>	3:46	13:31	17:49	22:41	28:15	34:32	40:53	44:03	50:59	55:26	59:54	1:03:19	1:04:10
		kein Verein			3:46	9:45	4:18	4:52	5:34	6:17	6:21	3:10	6:56	4:27	4:28	3:25	0:51
7		<b>Thies Knoll</b>	H19	<b>1:07:28</b>	6:56	16:37	21:47	25:21	30:04	36:29	42:31	45:45	53:18	57:52	1:03:10	1:06:35	1:07:28
		Bielefelder TG			6:56	9:41	5:10	3:34	4:43	6:25	6:02	3:14	7:33	4:34	5:18	3:25	0:53
					21:09	28:16											
					*65	*62											
8		<b>Fabian Ulbrich</b>	H19	<b>1:12:10</b>	3:13	14:06	20:20	25:48	30:10	36:48	45:02	48:47	56:43	1:01:59	1:07:35	1:11:18	1:12:10
		OLV Uslar			3:13	10:53	6:14	5:28	4:22	6:38	8:14	3:45	7:56	5:16	5:36	3:43	0:52
9		<b>Alexey Kupriyanov</b>	H19	<b>1:15:07</b>	5:10	16:12	21:43	26:36	32:54	39:08	46:39	50:58	59:12	1:05:39	1:10:52	1:14:25	1:15:07
		Turn-Klubb zu Han			5:10	11:02	5:31	4:53	6:18	6:14	7:31	4:19	8:14	6:27	5:13	3:33	0:42
					30:20												
					*62												
10		<b>Felix Drese</b>	H19	<b>1:17:38</b>	3:36	15:28	20:51	26:15	31:11	39:24	47:57	51:28	59:42	1:07:04	1:12:23	1:16:40	1:17:38
		OLV Uslar			3:36	11:52	5:23	5:24	4:56	8:13	8:33	3:31	8:14	7:22	5:19	4:17	0:58
11		<b>Daniel Liebing</b>	H19	<b>1:32:27</b>	6:21	18:55	26:31	32:22	37:19	45:01	53:46	1:00:28	1:13:30	1:19:48	1:26:24	1:31:19	1:32:27
		Bovender SV			6:21	12:34	7:36	5:51	4:57	7:42	8:45	6:42	13:02	6:18	6:36	4:55	1:08
12		<b>Lukas Bersuck</b>	H19	<b>1:40:58</b>	7:00	21:55	29:21	36:18	45:02	53:32	1:02:29	1:07:00	1:20:44	1:28:05	1:35:14	1:39:58	1:40:58
		Bielefelder TG			7:00	14:55	7:26	6:57	8:44	8:30	8:57	4:31	13:44	7:21	7:09	4:44	1:00
13		<b>Jakob Eberwien</b>	H19	<b>1:44:21</b>	4:48	14:32	40:25	50:18	56:02	1:03:13	1:10:00	1:15:33	1:25:40	1:33:04	1:38:38	1:43:26	1:44:21
		OLV Uslar			4:48	9:44	25:53	9:53	5:44	7:11	6:47	5:33	10:07	7:24	5:34	4:48	0:55
14		<b>Simon Soltek</b>	H19	<b>1:56:43</b>	11:48	25:28	45:39	53:08	59:25	1:07:43	1:18:52	1:23:48	1:36:16	1:43:00	1:50:05	1:55:25	1:56:43
		TSV Neustadt a. Rb			11:48	13:40	20:11	7:29	6:17	8:18	11:09	4:56	12:28	6:44	7:05	5:20	1:18
<b>Bahn 2 (9)</b>				<b>5,0 km 160 Hm</b>	<b>10 P</b>												
				1(53)	2(54)	3(50)	4(55)	5(45)	6(56)	7(57)	8(58)	9(59)	10(52)	Ziel			
1		<b>Birte Friedrichs</b>	D19	<b>38:58</b>	<b>3:12</b>	<b>6:51</b>	<b>8:49</b>	<b>14:43</b>	<b>19:24</b>	<b>22:22</b>	<b>26:45</b>	<b>32:05</b>	<b>36:01</b>	<b>38:14</b>	<b>38:58</b>		
		MTV Seesen			<b>3:12</b>	<b>3:39</b>	1:58	<b>5:54</b>	<b>4:41</b>	<b>2:58</b>	<b>4:23</b>	<b>5:20</b>	<b>3:56</b>	<b>2:13</b>	0:44		
2		<b>Marika Ciba</b>	D19	<b>47:55</b>	4:43	9:11	11:02	17:48	23:21	26:30	31:59	38:35	44:06	46:55	47:55		
		Lübecker Turnersch			4:43	4:28	<b>1:51</b>	6:46	5:33	3:09	5:29	6:36	5:31	2:49	1:00		
3		<b>Katharina Linke</b>	D19	<b>1:03:06</b>	7:14	12:00	14:30	28:36	36:22	41:40	46:59	54:10	59:27	1:02:23	1:03:06		
		MTV Seesen			7:14	4:46	2:30	14:06	7:46	5:18	5:19	7:11	5:17	2:56	<b>0:43</b>		
4		<b>Pia Buchholz</b>	D19	<b>1:22:18</b>	6:24	14:05	17:29	30:32	44:19	48:44	58:33	1:08:35	1:15:48	1:21:03	1:22:18		
		MTK Bad Harzburg			6:24	7:41	3:24	13:03	13:47	4:25	9:49	10:02	7:13	5:15	1:15		
5		<b>Marie Schwanitz</b>	D19	<b>1:27:01</b>	9:44	16:36	23:13	33:43	43:08	48:26	58:43	1:11:36	1:19:48	1:25:42	1:27:01		
		OLA TSV Deggendo			9:44	6:52	6:37	10:30	9:25	5:18	10:17	12:53	8:12	5:54	1:19		
6		<b>Diana Chowdhury</b>	D19	<b>1:29:18</b>	18:09	25:04	28:17	38:22	46:55	52:14	1:04:18	1:14:57	1:22:36	1:27:59	1:29:18		
		SV Schorfheide			18:09	6:55	3:13	10:05	8:33	5:19	12:04	10:39	7:39	5:23	1:19		
7		<b>Jordan Sophie Meis</b>	D19	<b>1:32:18</b>	21:07	28:09	31:06	45:01	54:33	59:28	1:07:49	1:17:58	1:25:43	1:31:05	1:32:18		
		OLV Uslar			21:07	7:02	2:57	13:55	9:32	4:55	8:21	10:09	7:45	5:22	1:13		
8		<b>Vivien Michel</b>	D19	<b>1:34:44</b>	19:19	25:18	33:11	42:18	53:33	59:53	1:10:13	1:18:59	1:26:47	1:33:50	1:34:44		
		OLV Uslar			19:19	5:59	7:53	9:07	11:15	6:20	10:20	8:46	7:48	7:03	0:54		
9		<b>Saskia Ernst-Liebin</b>	D19	<b>2:02:53</b>	29:28	37:24	41:02	52:19	1:13:58	1:20:36	1:31:52	1:42:39	1:51:58	2:01:25	2:02:53		

Pl	tnr	Name	Kat	Zeit									Ziel		
<b>Bahn 2 (9)</b>				<b>5,0 km 160 Hm</b>	<b>10 P</b>	<i>(Forts.)</i>									
					1(53)	2(54)	3(50)	4(55)	5(45)	6(56)	7(57)	8(58)	9(59)	10(52)	Ziel
		<b>Bovender SV</b>			29:28	7:56	3:38	11:17	21:39	6:38	11:16	10:47	9:19	9:27	1:28

Pl	tnr	Name	Kat	Zeit									Ziel		
<b>Bahn 3 (17)</b>				<b>5,1 km 220 Hm</b>	<b>10 P</b>										
					1(60)	2(61)	3(48)	4(46)	5(62)	6(44)	7(55)	8(43)	9(51)	10(59)	Ziel
1		<b>Thilo Bruns</b>	H45-	<b>47:50</b>	2:42	10:47	15:50	<b>21:27</b>	<b>28:46</b>	<b>32:08</b>	<b>35:22</b>	<b>39:08</b>	<b>43:34</b>	<b>45:27</b>	<b>47:50</b>
		<b>MTK Bad Harzburg</b>			2:42	8:05	5:03	<b>5:37</b>	7:19	<b>3:22</b>	<b>3:14</b>	<b>3:46</b>	<b>4:26</b>	1:53	2:23
2		<b>Jussi Bruns</b>	H-18	<b>48:43</b>	<b>2:33</b>	11:45	15:56	22:04	29:03	32:39	36:09	40:10	44:48	46:15	48:43
		<b>MTK Bad Harzburg</b>			<b>2:33</b>	9:12	<b>4:11</b>	6:08	<b>6:59</b>	3:36	3:30	4:01	4:38	1:27	2:28
3		<b>Theo Henseler</b>	H-18	<b>50:25</b>	2:55	<b>10:19</b>	<b>15:15</b>	22:49	29:59	33:44	37:36	41:33	46:49	48:13	50:25
		<b>MTV Seesen</b>			2:55	<b>7:24</b>	4:56	7:34	7:10	3:45	3:52	3:57	5:16	<b>1:24</b>	<b>2:12</b>
4		<b>Horst von Gaza</b>	H45-	<b>54:51</b>	3:22	12:29	17:35	24:04	31:27	35:09	39:53	44:38	50:17	52:12	54:51
		<b>OLV Uslar</b>			3:22	9:07	5:06	6:29	7:23	3:42	4:44	4:45	5:39	1:55	2:39
5		<b>Bennet Grote</b>	H-18	<b>59:18</b>	2:56	11:09	16:42	24:30	33:31	38:31	43:07	48:16	53:52	56:04	59:18
		<b>OLV Uslar</b>			2:56	8:13	5:33	7:48	9:01	5:00	4:36	5:09	5:36	2:12	3:14
6		<b>Oliver Hillebrandt</b>	H45-	<b>1:00:54</b>	3:06	11:23	17:52	24:25	34:50	39:46	43:39	49:17	56:09	58:11	1:00:54
		<b>OLV Uslar</b>			3:06	8:17	6:29	6:33	10:25	4:56	3:53	5:38	6:52	2:02	2:43
7		<b>Gunnar Grote</b>	H45-	<b>1:04:09</b>	3:11	13:57	19:31	29:19	37:32	41:52	47:50	52:50	59:18	1:01:18	1:04:09
		<b>OLV Uslar</b>			3:11	10:46	5:34	9:48	8:13	4:20	5:58	5:00	6:28	2:00	2:51
8		<b>Lion Bernsdorf</b>	H-18	<b>1:10:58</b>	3:06	16:21	22:11	29:18	40:01	44:58	50:08	59:20	1:05:49	1:07:52	1:10:58
		<b>MTV Seesen</b>			3:06	13:15	5:50	7:07	10:43	4:57	5:10	9:12	6:29	2:03	3:06
9		<b>Dieter Wehrhöfer-Bielefelder TG</b>	H45-	<b>1:13:59</b>	4:13	14:09	21:57	30:40	43:29	48:43	55:45	1:00:54	1:09:04	1:11:05	1:13:59
		<b>Bielefelder TG</b>			4:13	9:56	7:48	8:43	12:49	5:14	7:02	5:09	8:10	2:01	2:54
10		<b>Sven Buchholz</b>	H45-	<b>1:16:56</b>	3:30	20:38	26:32	33:22	45:17	50:18	56:44	1:03:27	1:11:43	1:14:04	1:16:56
		<b>MTK Bad Harzburg</b>			3:30	17:08	5:54	6:50	11:55	5:01	6:26	6:43	8:16	2:21	2:52
11		<b>Christian Wittenbec</b>	H45-	<b>1:19:47</b>	6:30	20:31	26:59	35:34	46:03	51:18	58:10	1:06:06	1:14:01	1:16:48	1:19:47
		<b>Turn-Klubb zu Han</b>			6:30	14:01	6:28	8:35	10:29	5:15	6:52	7:56	7:55	2:47	2:59
12		<b>Thore Napp</b>	H-18	<b>1:24:15</b>	3:59	17:43	26:19	36:29	50:34	56:59	1:02:32	1:11:52	1:19:26	1:21:27	1:24:15
		<b>TV Jahn Wolfsburg</b>			3:59	13:44	8:36	10:10	14:05	6:25	5:33	9:20	7:34	2:01	2:48
13		<b>Christoph Napp</b>	H45-	<b>1:27:46</b>	6:10	19:06	27:27	38:07	51:15	58:10	1:03:52	1:11:47	1:20:37	1:23:28	1:27:46
		<b>TV Jahn Wolfsburg</b>			6:10	12:56	8:21	10:40	13:08	6:55	5:42	7:55	8:50	2:51	4:18
14		<b>Christoph Hemme</b>	H45-	<b>1:30:08</b>	4:28	18:14	28:18	39:28	52:43	57:29	1:06:14	1:17:25	1:25:15	1:27:28	1:30:08
		<b>TSV Neustadt a. Rb</b>			4:28	13:46	10:04	11:10	13:15	4:46	8:45	11:11	7:50	2:13	2:40
15		<b>Dieter Schlaefke</b>	H45-	<b>1:42:00</b>	6:09	20:58	32:59	46:01	56:43	1:02:16	1:22:49	1:28:31	1:35:49	1:38:08	1:42:00
		<b>DJK Adler 07 Bottro</b>			6:09	14:49	12:01	13:02	10:42	5:33	20:33	5:42	7:18	2:19	3:52
		<b>Olaf Hey</b>	H45-	<b>N Ang</b>											
		<b>MTK Bad Harzburg</b>													
		<b>Luis Moreton</b>	H45-	<b>N Ang</b>											
		<b>Turn-Klubb zu Han</b>													

Pl	tnr	Name	Kat	Zeit									Ziel		
<b>Bahn 4 (16)</b>				<b>4,5 km 180 Hm</b>	<b>10 P</b>										
					1(67)	2(42)	3(48)	4(57)	5(62)	6(44)	7(64)	8(65)	9(54)	10(66)	Ziel
1		<b>Anke von Gaza</b>	D45-	<b>52:42</b>	<b>5:06</b>	<b>12:16</b>	<b>16:32</b>	<b>21:13</b>	<b>28:48</b>	<b>33:09</b>	<b>38:49</b>	<b>43:39</b>	<b>47:53</b>	<b>50:47</b>	<b>52:42</b>
		<b>OLV Uslar</b>			<b>5:06</b>	<b>7:10</b>	<b>4:16</b>	<b>4:41</b>	7:35	<b>4:21</b>	<b>5:40</b>	4:50	<b>4:14</b>	<b>2:54</b>	1:55
2		<b>Carolin Bernsdorf</b>	D-18	<b>59:17</b>	6:28	15:29	20:50	26:18	33:58	38:20	46:01	50:17	54:32	57:34	59:17
		<b>MTV Seesen</b>			6:28	9:01	5:21	5:28	7:40	4:22	7:41	<b>4:16</b>	4:15	3:02	1:43
3		<b>Liisa Rihko-Struck</b>	D45-	<b>1:06:34</b>	6:56	16:14	22:15	28:11	37:19	42:30	49:20	54:36	1:00:05	1:04:06	1:06:34
		<b>Braunschweiger MT</b>			6:56	9:18	6:01	5:56	9:08	5:11	6:50	5:16	5:29	4:01	2:28
4		<b>Lena-Maria Klose</b>	D-18	<b>1:10:17</b>	7:01	16:53	23:56	29:40	39:20	44:30	53:55	59:17	1:04:41	1:08:46	1:10:17
		<b>MTV Seesen</b>			7:01	9:52	7:03	5:44	9:40	5:10	9:25	5:22	5:24	4:05	1:31

42:14  
\*43

Pl	tnr	Name	Kat	Zeit											
<b>Bahn 4 (16)</b>					<b>4,5 km 180 Hm</b>		<b>10 P</b>		<i>(Forts.)</i>						
					1(67)	2(42)	3(48)	4(57)	5(62)	6(44)	7(64)	8(65)	9(54)	10(66)	Ziel
5		<b>Evi Drese</b>	D45-	<b>1:11:01</b>	14:23	22:35	27:03	36:26	43:17	47:42	56:46	1:01:08	1:05:29	1:08:45	1:11:01
		<b>OLV Uslar</b>			14:23	8:12	4:28	9:23	<b>6:51</b>	4:25	9:04	4:22	4:21	3:16	2:16
6		<b>Carlotta Haupt</b>	D-18	<b>1:13:17</b>	8:33	19:01	27:15	32:43	42:32	47:39	57:01	1:02:20	1:07:45	1:11:48	1:13:17
		<b>MTK Bad Harzburg</b>			8:33	10:28	8:14	5:28	9:49	5:07	9:22	5:19	5:25	4:03	<b>1:29</b>
7		<b>Caroline Knoll</b>	D45-	<b>1:24:48</b>	10:01	22:34	32:36	39:23	48:57	55:05	1:05:12	1:12:07	1:18:01	1:22:30	1:24:48
		<b>Bielefelder TG</b>			10:01	12:33	10:02	6:47	9:34	6:08	10:07	6:55	5:54	4:29	2:18
8		<b>Silke Napp</b>	D45-	<b>1:25:12</b>	8:39	19:20	27:38	34:59	45:20	52:59	1:02:44	1:10:24	1:17:38	1:22:16	1:25:12
		<b>TV Jahn Wolfsburg</b>			8:39	10:41	8:18	7:21	10:21	7:39	9:45	7:40	7:14	4:38	2:56
9		<b>Annkathrin Knoll</b>	D-18	<b>1:26:56</b>	9:18	23:30	32:13	40:00	54:10	59:33	1:09:42	1:14:43	1:19:51	1:25:04	1:26:56
		<b>Bielefelder TG</b>			9:18	14:12	8:43	7:47	14:10	5:23	10:09	5:01	5:08	5:13	1:52
10		<b>Katja Eckel</b>	D45-	<b>1:29:41</b>	9:14	18:31	29:29	40:13	49:34	55:51	1:05:29	1:10:38	1:21:54	1:27:35	1:29:41
		<b>OLV Uslar</b>			9:14	9:17	10:58	10:44	9:21	6:17	9:38	5:09	11:16	5:41	2:06
11		<b>Tanja Buchholz</b>	D45-	<b>1:39:07</b>	9:49	25:16	33:58	40:54	53:07	59:58	1:16:46	1:25:23	1:32:14	1:36:33	1:39:07
		<b>MTK Bad Harzburg</b>			9:49	15:27	8:42	6:56	12:13	6:51	16:48	8:37	6:51	4:19	2:34
12		<b>Stefanie Krebs</b>	D45-	<b>1:50:55</b>	14:21	31:35	38:03	44:21	1:03:11	1:08:49	1:20:49	1:27:19	1:38:21	1:48:32	1:50:55
		<b>Turn-Klubb zu Han</b>			14:21	17:14	6:28	6:18	18:50	5:38	12:00	6:30	11:02	10:11	2:23
13		<b>Sabine Nash</b>	D45-	<b>2:02:08</b>	11:38	26:42	36:59	45:53	56:48	1:18:12	1:33:40	1:43:01	1:53:26	1:59:21	2:02:08
		<b>Turn-Klubb zu Han</b>			11:38	15:04	10:17	8:54	10:55	21:24	15:28	9:21	10:25	5:55	2:47
		<b>Katja Tiitinen</b>	D45-	<b>Fehlst</b>	17:54	32:51	42:01	49:05	1:01:39	1:07:50	-----	1:20:14	1:31:24	1:36:15	1:37:59
		<b>OLV Uslar</b>			17:54	14:57	9:10	7:04	12:34	6:11		12:24	11:10	4:51	1:44
		<b>Iris Hennseler</b>	D45-	<b>Fehlst</b>	13:42	-----	-----	57:47	1:14:04	1:19:21	1:26:36	1:31:35	1:37:12	1:42:14	1:44:16
		<b>MTV Seesen</b>			13:42			44:05	16:17	5:17	7:15	4:59	5:37	5:02	2:02
		<b>Michaela Bruns</b>	D45-	<b>N Ang</b>											
		<b>MTK Bad Harzburg</b>													

21:44  
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<b>Bahn 5 (11)</b>					<b>3,3 km 65 Hm</b>		<b>8 P</b>							
					1(63)	2(54)	3(50)	4(68)	5(69)	6(70)	7(71)	8(66)	Ziel	
1		<b>Fabian Pfister</b>	OL	<b>32:37</b>	5:38	8:47	11:08	<b>15:35</b>	<b>17:04</b>	<b>24:24</b>	<b>27:35</b>	<b>30:40</b>	<b>32:37</b>	
		<b>kein Verein</b>			5:38	<b>3:09</b>	<b>2:21</b>	<b>4:27</b>	<b>1:29</b>	7:20	3:11	3:05	1:57	
2		<b>Ella Pfister</b>	OL	<b>35:41</b>	5:45	9:22	11:51	17:02	19:09	27:03	30:21	34:10	35:41	
		<b>kein Verein</b>			5:45	3:37	2:29	5:11	2:07	7:54	3:18	3:49	1:31	
3		<b>Rut Stark</b>	D-14	<b>36:24</b>	5:24	9:53	13:11	19:31	21:18	26:48	30:37	34:10	36:24	
		<b>MTV Seesen</b>			5:24	4:29	3:18	6:20	1:47	<b>5:30</b>	3:49	3:33	2:14	
4		<b>Jannik Richter</b>	OL	<b>38:50</b>	7:48	12:45	16:16	21:54	23:39	29:56	33:27	37:18	38:50	
		<b>Turn-Klubb zu Han</b>			7:48	4:57	3:31	5:38	1:45	6:17	3:31	3:51	1:32	
5		<b>Hannes Möhring</b>	H-14	<b>40:38</b>	<b>4:49</b>	<b>8:22</b>	<b>11:01</b>	21:28	25:46	32:28	35:45	38:51	40:38	
		<b>TV Jahn Wolfsburg</b>			<b>4:49</b>	3:33	2:39	10:27	4:18	6:42	3:17	3:06	1:47	
6		<b>Malte Lindemann</b>	H-14	<b>44:03</b>	9:40	13:09	20:31	28:51	30:28	36:24	39:34	42:33	44:03	
		<b>Bielefelder TG</b>			9:40	3:29	7:22	8:20	1:37	5:56	<b>3:10</b>	<b>2:59</b>	<b>1:30</b>	
7		<b>Felix Salau</b>	H-14	<b>46:45</b>	5:11	9:39	14:21	27:31	31:54	38:29	41:56	44:57	46:45	
		<b>MTV Seesen</b>			5:11	4:28	4:42	13:10	4:23	6:35	3:27	3:01	1:48	
8		<b>Maik Schweizer</b>	H-14	<b>48:15</b>	6:35	12:48	16:37	25:21	28:09	36:45	41:36	46:18	48:15	
		<b>MTV Seesen</b>			6:35	6:13	3:49	8:44	2:48	8:36	4:51	4:42	1:57	
9		<b>Hlib Zvonarov</b>	H-14	<b>49:34</b>	7:46	17:21	22:04	29:19	31:04	37:45	41:51	45:58	49:34	
		<b>MTV Seesen</b>			7:46	9:35	4:43	7:15	1:45	6:41	4:06	4:07	3:36	
10		<b>Thomas Görtelmeye</b>	OL	<b>1:00:52</b>	10:46	20:53	26:21	34:05	36:57	46:43	52:35	57:48	1:00:52	
		<b>MTK Bad Harzburg</b>			10:46	10:07	5:28	7:44	2:52	9:46	5:52	5:13	3:04	
11		<b>Ursula Mücke</b>	OL	<b>1:22:29</b>	11:20	17:06	21:49	38:45	48:55	1:06:37	1:12:50	1:19:17	1:22:29	
		<b>kein Verein</b>			11:20	5:46	4:43	16:56	10:10	17:42	6:13	6:27	3:12	

Pl	tnr	Name	Kat	Zeit															
<b>Bahn 6 (8)</b>				<b>3,8 km 120 Hm</b>				<b>9 P</b>											
				1(51)	2(42)	3(48)	4(55)	5(44)	6(68)	7(43)	8(54)	9(66)	Ziel						
1		<b>Erhard Jübermann</b>	H65-	<b>45:40</b>	<b>5:51</b>	<b>11:43</b>	<b>16:41</b>	22:40	27:30	31:54	34:33	40:50	43:51	<b>45:40</b>					
		<b>SC Klecken</b>			<b>5:51</b>	<b>5:52</b>	4:58	5:59	<b>4:50</b>	4:24	2:39	<b>6:17</b>	<b>3:01</b>	<b>1:49</b>					
2		<b>Nikolaus Risch</b>	H65-	<b>45:51</b>	5:59	12:17	<b>16:41</b>	<b>22:16</b>	<b>27:16</b>	<b>31:05</b>	<b>33:43</b>	<b>40:26</b>	<b>43:45</b>	45:51					
		<b>ASG Teutoburger W</b>			5:59	6:18	<b>4:24</b>	<b>5:35</b>	5:00	3:49	2:38	6:43	3:19	2:06					
3		<b>Wilf Holloway</b>	H65-	<b>1:01:01</b>	7:34	14:21	20:31	26:09	32:08	45:38	48:53	55:17	58:57	1:01:01					
		<b>kein Verein</b>			7:34	6:47	6:10	5:38	5:59	13:30	3:15	6:24	3:40	2:04					
4		<b>Detlev Friedrichs</b>	H65-	<b>1:02:56</b>	8:44	16:02	23:30	32:58	40:21	46:34	49:53	56:24	1:00:23	1:02:56					
		<b>MTV Seesen</b>			8:44	7:18	7:28	9:28	7:23	6:13	3:19	6:31	3:59	2:33					
5		<b>Siegfried May</b>	H65-	<b>1:09:37</b>	19:16	27:38	35:38	42:22	48:44	53:23	56:04	1:04:09	1:07:25	1:09:37					
		<b>RSV Hannover</b>			19:16	8:22	8:00	6:44	6:22	4:39	2:41	8:05	3:16	2:12					
6		<b>Günter Gohde</b>	H65-	<b>1:15:20</b>	10:46	20:02	27:11	38:56	49:32	55:23	59:23	1:07:31	1:12:25	1:15:20					
		<b>Turn-Klubb zu Han</b>			10:46	9:16	7:09	11:45	10:36	5:51	4:00	8:08	4:54	2:55					
7		<b>Bernd Höfner</b>	H65-	<b>1:17:47</b>	7:35	38:22	43:56	53:56	58:58	1:02:13	1:04:40	1:11:44	1:15:54	1:17:47					
		<b>OLV Uslar</b>			7:35	30:47	5:34	10:00	5:02	<b>3:15</b>	<b>2:27</b>	7:04	4:10	1:53					
8		<b>Gunter Mücke</b>	H65-	<b>1:36:17</b>	11:51	23:05	34:59	55:55	1:06:02	1:13:19	1:17:39	1:28:22	1:33:38	1:36:17					
		<b>kein Verein</b>			11:51	11:14	11:54	20:56	10:07	7:17	4:20	10:43	5:16	2:39					
<b>Bahn 7 (2)</b>				<b>2,1 km 35 Hm</b>				<b>8 P</b>											
				1(72)	2(73)	3(74)	4(75)	5(76)	6(77)	7(78)	8(79)	Ziel							
		<b>Leif Liebing</b>	H-12	<b>N Ang</b>															
		<b>Bovender SV</b>																	
		<b>Lamis Mousa</b>	D-12	<b>N Ang</b>															
		<b>OLV Uslar</b>																	
<b>Bahn 8 (9)</b>				<b>1,7 km 30 Hm</b>				<b>8 P</b>											
				1(80)	2(81)	3(72)	4(73)	5(82)	6(77)	7(78)	8(79)	Ziel							
1		<b>Julia Stark</b>	OK	<b>16:15</b>	1:57	3:31	4:58	7:34	8:53	<b>10:27</b>	<b>13:00</b>	<b>14:34</b>	<b>16:15</b>						
		<b>MTV Seesen</b>			1:57	1:34	1:27	2:36	1:19	<b>1:34</b>	2:33	1:34	1:41						
2		<b>Hanno Ciba</b>	H-10	<b>16:53</b>	2:05	3:50	5:09	7:38	9:25	12:00	14:17	15:26	16:53						
		<b>Lübecker Turnersch</b>			2:05	1:45	1:19	<b>2:29</b>	1:47	2:35	<b>2:17</b>	<b>1:09</b>	1:27						
3		<b>Erik Bruns</b>	H-10	<b>18:09</b>	2:25	3:42	5:12	7:51	9:19	11:26	15:01	16:31	18:09						
		<b>MTK Bad Harzburg</b>			2:25	<b>1:17</b>	1:30	2:39	1:28	2:07	3:35	1:30	1:38						
4		<b>Hanna Stark</b>	D-10	<b>18:10</b>	<b>1:50</b>	<b>3:14</b>	<b>4:31</b>	<b>7:05</b>	<b>8:21</b>	12:47	15:11	16:52	18:10						
		<b>MTV Seesen</b>			<b>1:50</b>	1:24	<b>1:17</b>	2:34	<b>1:16</b>	4:26	2:24	1:41	<b>1:18</b>						
5		<b>Günter Stark</b>	OK	<b>20:13</b>	2:56	4:33	6:14	9:20	10:50	12:57	15:48	17:58	20:13						
		<b>MTV Seesen</b>			2:56	1:37	1:41	3:06	1:30	2:07	2:51	2:10	2:15						
6		<b>Espen Liebing</b>	H-10	<b>22:22</b>	2:29	3:52	5:30	8:57	10:37	14:57	17:54	20:31	22:22						
		<b>Bovender SV</b>			2:29	1:23	1:38	3:27	1:40	4:20	2:57	2:37	1:51						
7		<b>Elisa Ciba</b>	D-10	<b>22:46</b>	2:55	4:56	6:39	11:09	13:06	15:50	19:13	21:07	22:46						
		<b>Lübecker Turnersch</b>			2:55	2:01	1:43	4:30	1:57	2:44	3:23	1:54	1:39						
8		<b>Jesper Bruns</b>	H-10	<b>26:24</b>	4:34	7:01	9:01	12:25	14:58	18:05	21:49	23:58	26:24						
		<b>MTK Bad Harzburg</b>			4:34	2:27	2:00	3:24	2:33	3:07	3:44	2:09	2:26						
AK		<b>Robin von Gaza</b>	H-10	<b>1:18:16</b>	6:16	10:53	14:44	19:28	21:42	1:02:49	1:09:31	1:12:36	1:18:16						
		<b>OLV Uslar</b>			6:16	4:37	3:51	4:44	2:14	41:07	6:42	3:05	5:40						
														1:04:33	1:12:56	1:13:36			
														*73	*79	*79			