

Pl	tnr	Name	Zeit													
<b>D19L (8)</b>			<b>6,3 km 270 Hm</b>	<b>14 P</b>												
			1(51) Ziel	2(50)	3(31)	4(56)	5(35)	6(49)	7(48)	8(38)	9(39)	10(40)	11(41)	12(52)	13(53)	14(100)
1		<b>Sabine Rothaug</b> <b>OSC Kassel</b>	<b>55:12</b> <b>1:46</b> <b>55:12</b> 0:25	3:36 <b>1:50</b>	4:55 <b>1:19</b>	<b>9:33</b> <b>4:38</b>	<b>22:12</b> <b>12:39</b>	<b>25:15</b> <b>3:03</b>	<b>26:28</b> <b>1:13</b>	<b>29:51</b> 3:23	<b>32:08</b> 2:17	<b>38:03</b> <b>5:55</b>	<b>48:34</b> <b>10:31</b>	<b>49:34</b> <b>1:00</b>	<b>51:48</b> <b>2:14</b>	<b>54:47</b> <b>2:59</b>
2		<b>Birte Friedrichs</b> <b>MTV Seesen</b>	<b>1:01:12</b> 3:30 3:30 1:01:12 0:25	5:10 1:40	6:29 <b>1:19</b>	12:10 5:41	26:24 14:14	29:50 3:26	31:07 1:17	33:57 <b>2:50</b>	35:37 <b>1:40</b>	42:05 6:28	53:57 11:52	54:58 1:01	57:16 2:18	1:00:47 3:31
3		<b>Ann-Charlotte Span</b> <b>TG 1860 Münden</b>	<b>1:02:40</b> 1:57 1:57 1:02:40 0:27	3:32 <b>1:35</b>	<b>4:51</b> <b>1:19</b>	12:00 7:09	26:56 14:56	30:13 3:17	31:36 1:23	35:10 3:34	36:58 1:48	43:49 6:51	55:19 11:30	56:27 1:08	58:47 2:20	1:02:13 3:26
4		<b>Svenja Pabst</b> <b>OLV Usiar</b>	<b>1:13:55</b> 2:16 2:16 1:13:55 0:29	4:22 2:06	5:49 1:27	11:28 5:39	32:22 20:54	36:30 4:08	38:08 1:38	42:19 4:11	44:31 2:12	51:40 7:09	1:04:45 13:05	1:06:45 2:00	1:09:21 2:36	1:13:26 4:05
5		<b>Esther Stamer</b> <b>MTK Bad Harzburg</b>	<b>1:14:22</b> 1:56 1:56 1:14:22 0:31	3:58 2:02	5:46 1:48	11:14 5:28	28:50 17:36	33:05 4:15	34:23 1:18	37:55 3:32	40:13 2:18	50:40 10:27	1:04:47 14:07	1:06:24 1:37	1:09:12 2:48	1:13:51 4:39
6		<b>Nina Döllgast</b> <b>MTK Bad Harzburg</b>	<b>1:20:58</b> 2:01 2:01 1:20:58 0:36	3:41 1:40	5:20 1:39	12:15 6:55	30:22 18:07	34:45 4:23	36:43 1:58	42:36 5:53	46:37 4:01	55:14 8:37	1:09:43 14:29	1:11:11 1:28	1:15:08 3:57	1:20:22 5:14
7		<b>Jelena Topp</b> <b>TSV Worpswede</b>	<b>1:24:14</b> 2:11 2:11 1:24:14 <b>0:24</b>	3:51 1:40	5:23 1:32	11:45 6:22	29:28 17:43	33:54 4:26	36:13 2:19	45:49 9:36	48:20 2:31	56:20 8:00	1:12:16 15:56	1:13:30 1:14	1:18:45 5:15	1:23:50 5:05
8		<b>Theresia Meißner</b> <b>MTK Bad Harzburg</b>	<b>1:46:56</b> 2:14 2:14 1:46:56 0:32	4:08 1:54	5:30 1:22	12:08 6:38	48:45 36:37	53:01 4:16	54:45 1:44	1:05:47 11:02	1:08:54 3:07	1:24:12 15:18	1:37:06 12:54	1:38:40 1:34	1:41:15 2:35	1:46:24 5:09
<b>H21L (16)</b>			<b>9,1 km 350 Hm</b>	<b>18 P</b>												
			1(45) 15(41)	2(43) 16(52)	3(33) 17(42)	4(32) 18(100)	5(31) Ziel	6(47)	7(46)	8(56)	9(35)	10(36)	11(37)	12(38)	13(39)	14(40)
1		<b>Ole Hensseler</b> <b>MTV Seesen</b>	<b>1:06:43</b> 3:35 3:35 <b>59:07</b> <b>8:52</b> <b>0:46</b>	5:55 <b>2:20</b> <b>59:53</b> <b>0:46</b>	9:05 3:10 <b>1:02:10</b> 2:17	11:40 <b>2:35</b> <b>1:06:20</b> 4:10	19:13 <b>7:33</b> <b>1:06:43</b> 0:23	20:02 <b>0:49</b>	21:10 <b>1:08</b>	25:15 4:05	<b>37:14</b> <b>11:59</b>	<b>39:41</b> 2:27	<b>40:43</b> 1:02	<b>44:34</b> 3:51	<b>45:50</b> 1:16	<b>50:15</b> <b>4:25</b>
2		<b>Christoph Hofmeist</b> <b>MTK Bad Harzburg</b>	<b>1:14:31</b> 2:44 2:44 1:07:02 10:28	5:21 2:37 1:07:58 0:56	8:35 3:14 1:10:15 2:17	11:12 2:37 1:14:07 3:52	19:22 8:10 1:14:31 0:24	20:18 0:56	21:53 1:35	26:51 4:58	40:39 13:48	43:19 2:40	44:17 0:58	50:13 5:56	51:26 1:13	56:34 5:08
3		<b>Sergei Roskop</b> <b>Braunschweiger MT</b>	<b>1:15:47</b> 2:29 2:29 1:08:21 10:17	6:28 3:59 1:09:14 0:53	9:55 3:27 1:11:28 <b>2:14</b>	14:39 4:44 1:15:22 3:54	22:18 7:39 1:15:47 0:25	23:07 <b>0:49</b>	24:19 1:12	28:17 3:58	42:24 14:07	45:38 3:14	46:38 1:00	51:13 4:35	52:48 1:35	58:04 5:16
4		<b>Christoph Freudenf</b> <b>TSV Worpswede</b>	<b>1:17:36</b> 3:07 3:07 1:09:59 10:21	7:05 3:58 1:11:00 1:01	10:37 3:32 1:13:19 2:19	13:35 2:58 1:17:09 3:50	23:35 10:00 1:17:36 0:27	24:58 1:23	26:45 1:47	31:08 4:23	44:48 13:40	47:34 2:46	48:37 1:03	53:06 4:29	54:24 1:18	59:38 5:14

Pl	tnr	Name	Zeit																
H21L (16)			9,1 km 350 Hm		18 P		(Forts.)												
			1(45)	2(43)	3(33)	4(32)	5(31)	6(47)	7(46)	8(56)	9(35)	10(36)	11(37)	12(38)	13(39)	14(40)			
			15(41)	16(52)	17(42)	18(100)	Ziel												
5		<b>Jan Felix Topp</b> <b>TSV Worpswede</b>	<b>1:18:29</b>	2:43	7:06	10:42	13:23	24:32	25:50	27:18	31:15	45:18	48:35	49:36	54:09	55:41	1:01:07		
			2:43	4:23	3:36	2:41	11:09	1:18	1:28	3:57	14:03	3:17	1:01	4:33	1:32	5:26			
			1:11:18	1:12:10	1:14:25	1:18:03	1:18:29												
			10:11	0:52	2:15	<b>3:38</b>	0:26												
6		<b>Markus Dresel</b> <b>SC Klecken</b>	<b>1:20:55</b>	3:13	6:05	10:15	13:22	22:34	23:34	25:09	29:57	43:21	47:11	48:16	53:14	54:46	1:00:16		
			3:13	2:52	4:10	3:07	9:12	1:00	1:35	4:48	13:24	3:50	1:05	4:58	1:32	5:30			
			1:12:06	1:13:01	1:15:41	1:20:29	1:20:55												
			11:50	0:55	2:40	4:48	0:26												
7		<b>Andrej Sonnenberg</b> <b>Osnabrücker TB</b>	<b>1:23:03</b>	<b>2:22</b>	<b>4:44</b>	<b>7:27</b>	<b>10:20</b>	<b>18:47</b>	<b>19:41</b>	<b>20:56</b>	<b>24:43</b>	45:42	47:54	48:43	52:25	53:31	58:18		
			<b>2:22</b>	2:22	<b>2:43</b>	2:53	8:27	0:54	1:15	<b>3:47</b>	20:59	<b>2:12</b>	<b>0:49</b>	<b>3:42</b>	<b>1:06</b>	4:47			
			1:08:19	1:10:59	1:16:56	1:22:40	1:23:03												
			10:01	2:40	5:57	5:44	0:23												
8		<b>Joachim Stamer</b> <b>MTK Bad Harzburg</b>	<b>1:24:04</b>	3:05	6:15	10:04	13:06	23:19	24:23	25:56	30:40	44:42	47:48	49:00	54:00	55:50	1:02:01		
			3:05	3:10	3:49	3:02	10:13	1:04	1:33	4:44	14:02	3:06	1:12	5:00	1:50	6:11			
			1:13:59	1:15:03	1:17:53	1:23:29	1:24:04												
			11:58	1:04	2:50	5:36	0:35												
9		<b>Thies Knoll</b> <b>Bielefelder TG</b>	<b>1:24:06</b>	3:05	6:50	10:31	13:56	24:32	25:39	27:17	31:37	44:29	47:24	48:30	54:24	56:03	1:02:01		
			3:05	3:45	3:41	3:25	10:36	1:07	1:38	4:20	12:52	2:55	1:06	5:54	1:39	5:58			
			1:13:57	1:15:48	1:18:42	1:23:38	1:24:06												
			11:56	1:51	2:54	4:56	0:28												
10		<b>Kilian Lilje</b> <b>TSV Worpswede</b>	<b>1:27:53</b>	2:52	7:23	11:27	14:42	25:36	26:38	28:18	32:59	46:15	50:25	51:25	56:11	57:38	1:04:32		
			2:52	4:31	4:04	3:15	10:54	1:02	1:40	4:41	13:16	4:10	1:00	4:46	1:27	6:54			
			1:15:29	1:16:30	1:23:39	1:27:31	1:27:53												
			10:57	1:01	7:09	3:52	<b>0:22</b>												
11		<b>Patrick Dresel</b> <b>SC Klecken</b>	<b>1:29:51</b>	3:17	7:47	11:58	15:43	26:35	27:41	29:10	33:54	47:34	50:14	51:26	56:49	58:31	1:04:28		
			3:17	4:30	4:11	3:45	10:52	1:06	1:29	4:44	13:40	2:40	1:12	5:23	1:42	5:57			
			1:18:22	1:20:15	1:23:32	1:29:27	1:29:51												
			13:54	1:53	3:17	5:55	0:24												
12		<b>Leon Kollenbach</b> <b>Ski-Club Helsa</b>	<b>1:32:05</b>	3:19	7:20	11:39	15:12	28:44	30:05	31:55	37:14	52:38	55:50	57:18	1:02:46	1:05:09	1:12:01		
			3:19	4:01	4:19	3:33	13:32	1:21	1:50	5:19	15:24	3:12	1:28	5:28	2:23	6:52			
			1:23:05	1:24:13	1:27:05	1:31:38	1:32:05												
			11:04	1:08	2:52	4:33	0:27												
13		<b>Magnus Struckman</b> <b>Braunschweiger MT</b>	<b>1:32:37</b>	3:25	6:56	11:30	15:04	26:14	27:25	28:55	33:48	49:25	53:01	54:16	1:00:18	1:02:11	1:08:39		
			3:25	3:31	4:34	3:34	11:10	1:11	1:30	4:53	15:37	3:36	1:15	6:02	1:53	6:28			
			1:22:23	1:23:31	1:26:57	1:32:06	1:32:37												
			13:44	1:08	3:26	5:09	0:31												
14		<b>Jan Schliebener</b> <b>OLV Uslar</b>	<b>1:32:56</b>	3:15	6:20	10:05	12:52	22:44	23:49	25:21	33:09	49:58	53:06	54:33	59:53	1:01:31	1:08:14		
			3:15	3:05	3:45	2:47	9:52	1:05	1:32	7:48	16:49	3:08	1:27	5:20	1:38	6:43			
			1:22:27	1:23:38	1:26:40	1:32:26	1:32:56												
			14:13	1:11	3:02	5:46	0:30												
15		<b>Florian Schulte</b> <b>SC Melle 03</b>	<b>1:37:59</b>	3:27	7:01	11:59	15:29	26:48	27:55	29:58	37:37	52:37	56:39	57:57	1:04:43	1:07:14	1:13:06		
			3:27	3:34	4:58	3:30	11:19	1:07	2:03	7:39	15:00	4:02	1:18	6:46	2:31	5:52			
			1:24:15	1:30:42	1:33:09	1:37:30	1:37:59												
			11:09	6:27	2:27	4:21	0:29												
16		<b>Florian Reichert</b> <b>ASFM Göttingen</b>	<b>2:28:01</b>	5:16	12:45	17:06	45:28	57:13	59:26	1:02:56	1:08:37	1:23:02	1:26:21	1:28:34	1:39:01	1:41:09	1:52:55		
			5:16	7:29	4:21	28:22	11:45	2:13	3:30	5:41	14:25	3:19	2:13	10:27	2:08	11:46			
			2:07:00	2:09:52	2:22:08	2:27:23	2:28:01												
			14:05	2:52	12:16	5:15	0:38												

Pl	tnr	Name	Zeit											
<b>D12 (5)</b>			<b>1,5 km 10 Hm</b>		<b>8 P</b>									
			1(60)	2(65)	3(61)	4(51)	5(62)	6(50)	7(63)	8(100)	Ziel			
1		<b>Annkathrin Knoll</b>	<b>17:28</b>	<b>1:22</b>	<b>3:32</b>	<b>7:07</b>	9:42	<b>11:02</b>	<b>12:00</b>	14:30	<b>16:49</b>	<b>17:28</b>		
		<b>Bielefelder TG</b>		<b>1:22</b>	<b>2:10</b>	3:35	2:35	<b>1:20</b>	<b>0:58</b>	2:30	<b>2:19</b>	<b>0:39</b>		
2		<b>Maren Strauß</b>	<b>18:41</b>	1:48	4:30	<b>7:07</b>	<b>8:55</b>	11:04	12:29	<b>14:27</b>	17:07	18:41		
		<b>SV Hildesia Diekhol</b>		1:48	2:42	<b>2:37</b>	1:48	2:09	1:25	<b>1:58</b>	2:40	1:34		
3		<b>Anna Weigert</b>	<b>21:43</b>	4:00	6:30	10:09	11:53	14:02	15:19	17:18	20:09	21:43		
		<b>Braunschweiger MT</b>		4:00	2:30	3:39	<b>1:44</b>	2:09	1:17	1:59	2:51	1:34		
4		<b>Marlene&amp;Frederik B</b>	<b>26:24</b>	2:14	5:52	9:27	12:17	13:50	15:35	19:18	24:29	26:24		
		<b>Turn-Klubb zu Han</b>		2:14	3:38	3:35	2:50	1:33	1:45	3:43	5:11	1:55		
5		<b>Nina Bräunig</b>	<b>36:15</b>	3:31	9:16	13:47	17:06	20:18	22:14	27:14	35:00	36:15		
		<b>TC Hameln</b>		3:31	5:45	4:31	3:19	3:12	1:56	5:00	7:46	1:15		
<b>H12 (7)</b>			<b>1,5 km 10 Hm</b>		<b>8 P</b>									
			1(60)	2(65)	3(61)	4(51)	5(62)	6(50)	7(63)	8(100)	Ziel			
1		<b>Daniel Nedoborovs</b>	<b>15:20</b>	2:41	4:21	<b>7:00</b>	9:14	<b>10:26</b>	<b>12:01</b>	<b>13:21</b>	<b>14:55</b>	<b>15:20</b>		
		<b>BSV Halle-Ammend</b>		2:41	<b>1:40</b>	<b>2:39</b>	2:14	<b>1:12</b>	1:35	<b>1:20</b>	<b>1:34</b>	0:25		
2		<b>Mika Wendler</b>	<b>17:41</b>	1:21	3:54	7:11	<b>8:47</b>	10:54	13:13	15:03	17:07	17:41		
		<b>SV Wissenschaft Qu</b>		<b>1:21</b>	2:33	3:17	1:36	2:07	2:19	1:50	2:04	0:34		
3		<b>Marco Urzua Wöhre</b>	<b>18:19</b>	1:21	<b>3:27</b>	11:27	12:27	13:42	14:47	16:19	17:56	18:19		
		<b>TV Jahn Wolfsburg</b>		<b>1:21</b>	2:06	8:00	<b>1:00</b>	1:15	<b>1:05</b>	1:32	1:37	<b>0:23</b>		
4		<b>Björn Bürgel</b>	<b>21:37</b>	2:03	4:30	7:39	9:58	12:37	14:39	17:25	21:05	21:37		
		<b>TC Hameln</b>		2:03	2:27	3:09	2:19	2:39	2:02	2:46	3:40	0:32		
5		<b>Thore Napp</b>	<b>24:21</b>	2:22	6:22	10:38	12:58	15:38	17:36	20:20	23:42	24:21		
		<b>Braunschweiger MT</b>		2:22	4:00	4:16	2:20	2:40	1:58	2:44	3:22	0:39		
6		<b>Jorgo Hey</b>	<b>51:21</b>	9:01	13:27	23:56	28:55	31:54	39:00	44:28	50:37	51:21		
		<b>MTK Bad Harzburg</b>		9:01	4:26	10:29	4:59	2:59	7:06	5:28	6:09	0:44		
		<b>Sven-Guido Schulz</b>	<b>Fehlst</b>	5:54	8:30	11:22	-----	21:59	-----	28:43	31:14	31:45	19:53	25:44
		<b>TV Jahn Wolfsburg</b>		5:54	2:36	2:52		10:37		6:44	2:31	0:31	*46	*47
<b>D14 (5)</b>			<b>3,2 km 40 Hm</b>		<b>9 P</b>									
			1(34)	2(65)	3(54)	4(70)	5(44)	6(42)	7(52)	8(58)	9(100)	Ziel		
1		<b>Anna Castilho Marc</b>	<b>37:58</b>	1:11	<b>5:05</b>	<b>8:00</b>	<b>11:32</b>	<b>20:30</b>	<b>27:07</b>	<b>31:03</b>	<b>33:37</b>	<b>37:31</b>	<b>37:58</b>	
		<b>SV Hildesia Diekhol</b>		<b>1:11</b>	<b>3:54</b>	<b>2:55</b>	3:32	<b>8:58</b>	6:37	<b>3:56</b>	<b>2:34</b>	<b>3:54</b>	<b>0:27</b>	
2		<b>Lilly Hintz</b>	<b>43:57</b>	1:32	5:31	8:45	11:55	24:07	30:43	35:03	38:19	43:17	43:57	
		<b>MTV Seesen</b>		1:32	3:59	3:14	<b>3:10</b>	12:12	6:36	4:20	3:16	4:58	0:40	
3		<b>Louisa Kollenbach</b>	<b>49:57</b>	1:26	6:11	11:13	16:08	27:42	33:03	38:29	44:34	49:23	49:57	
		<b>Ski-Club Helsa</b>		1:26	4:45	5:02	4:55	11:34	5:21	5:26	6:05	4:49	0:34	
4		<b>Julia Stell</b>	<b>1:34:46</b>	5:31	11:24	15:59	19:59	1:12:54	1:18:05	1:24:39	1:27:54	1:34:17	1:34:46	
		<b>TG 1860 Münden</b>		5:31	5:53	4:35	4:00	52:55	<b>5:11</b>	6:34	3:15	6:23	0:29	
		<b>Carolin Bernsdorf</b>	<b>N Ang</b>											
		<b>MTV Seesen</b>												
<b>H14 (14)</b>			<b>3,4 km 40 Hm</b>		<b>10 P</b>									
			1(46)	2(45)	3(54)	4(70)	5(59)	6(44)	7(67)	8(52)	9(58)	10(100)	Ziel	
1		<b>Theo Hensseler</b>	<b>26:59</b>	1:03	<b>3:43</b>	<b>5:36</b>	<b>7:53</b>	<b>12:51</b>	<b>15:30</b>	<b>19:21</b>	<b>21:23</b>	<b>23:12</b>	<b>26:22</b>	<b>26:59</b>
		<b>MTV Seesen</b>		<b>1:03</b>	<b>2:40</b>	1:53	<b>2:17</b>	4:58	2:39	3:51	2:02	<b>1:49</b>	3:10	0:37
2		<b>Till Buchberger</b>	<b>28:03</b>	1:45	5:21	7:21	10:03	14:46	16:35	20:33	22:32	24:39	27:34	28:03
		<b>MTV Seesen</b>		1:45	3:36	2:00	2:42	<b>4:43</b>	<b>1:49</b>	3:58	1:59	2:07	<b>2:55</b>	0:29
3		<b>Anton Knoll</b>	<b>33:37</b>	1:14	5:30	7:21	10:26	17:52	21:38	25:26	27:16	29:16	33:11	33:37
		<b>Bielefelder TG</b>		1:14	4:16	<b>1:51</b>	3:05	7:26	3:46	<b>3:48</b>	<b>1:50</b>	2:00	3:55	0:26
													19:52	20:54
													*62	*31



Pl	tnr	Name	Zeit																	
<b>H16 (7)</b>			<b>6,0 km 220 Hm</b>		<b>14 P</b>		<i>(Forts.)</i>													
			1(51) Ziel	2(45)	3(43)	4(70)	5(56)	6(35)	7(49)	8(48)	9(40)	10(41)	11(67)	12(42)	13(53)	14(100)				
3		<b>Tom Buchholz</b> <b>MTK Bad Harzburg</b>	<b>1:00:10</b> 2:32 2:32 1:00:10 0:24	5:45 <b>3:13</b>	10:04 4:19	11:48 1:44	13:36 <b>1:48</b>	32:16 18:40	35:39 3:23	37:01 1:22	39:04 2:03	51:22 12:18	53:12 1:50	54:50 1:38	56:28 1:38	59:46 3:18				
4		<b>Aaron Wandelt</b> <b>MTV Seesen</b>	<b>1:03:27</b> 3:01 3:01 1:03:27 0:30	6:33 3:32	10:42 4:09	12:28 1:46	14:26 1:58	32:07 17:41	35:38 3:31	37:05 1:27	39:00 1:55	52:08 13:08	54:13 2:05	55:50 1:37	58:30 2:40	1:02:57 4:27				
5		<b>Jan Klose</b> <b>MTV Seesen</b>	<b>1:22:16</b> 2:17 2:17 1:22:16 0:28	6:47 4:30	11:02 4:15	13:22 2:20	15:24 2:02	36:39 21:15	41:43 5:04	43:33 1:50	45:45 2:12	1:09:53 24:08	1:12:04 2:11	1:16:13 4:09	1:18:01 1:48	1:21:48 3:47				
6		<b>Mark Ziegenhorn</b> <b>OSC Kassel</b>	<b>2:13:26</b> 7:40 7:40 2:13:26 0:32	13:49 6:09	19:49 6:00	25:32 5:43	30:49 5:17	1:00:29 29:40	1:06:32 6:03	1:10:55 4:23	1:14:24 3:29	1:39:01 24:37	1:43:52 4:51	1:53:54 10:02	2:05:23 11:29	2:12:54 7:31				
		<b>Lennart Krätz</b> <b>TV Jahn Wolfsburg</b>	<b>Aufg</b> 4:11 4:11 1:41:43 26:24	11:48 7:37	19:16 7:28	24:14 4:58	28:16 4:02	1:15:19 47:03	----	----	----	----	----	----	----	----				
<b>D18 (7)</b>			<b>6,0 km 220 Hm</b>		<b>14 P</b>															
			1(51) Ziel	2(45)	3(43)	4(70)	5(56)	6(35)	7(49)	8(48)	9(40)	10(41)	11(67)	12(42)	13(53)	14(100)				
1		<b>Solia Stamer</b> <b>MTK Bad Harzburg</b>	<b>1:03:44</b> 2:09 2:09 1:03:44 0:32	6:59 4:50	10:43 3:44	13:08 2:25	15:02 <b>1:54</b>	30:29 <b>15:27</b>	34:46 4:17	36:20 <b>1:34</b>	39:38 3:18	<b>52:39</b> <b>13:01</b>	<b>54:51</b> 2:12	<b>57:02</b> 2:11	<b>59:10</b> 2:08	<b>1:03:12</b> 4:02				
2		<b>Meike Hennseler</b> <b>MTV Seesen</b>	<b>1:03:48</b> 1:50 1:50 1:03:48 0:29	<b>5:30</b> <b>3:40</b>	<b>8:47</b> 3:17	<b>11:09</b> 2:22	<b>14:00</b> 2:51	<b>30:05</b> 16:05	<b>33:47</b> <b>3:42</b>	<b>35:44</b> 1:57	<b>38:21</b> 2:37	52:49 14:28	55:37 2:48	57:23 1:46	59:42 2:19	1:03:19 <b>3:37</b>				
3		<b>Pia Buchholz</b> <b>MTK Bad Harzburg</b>	<b>1:07:21</b> 2:11 2:11 1:07:21 0:26	6:24 4:13	9:36 <b>3:12</b>	12:10 2:34	14:17 2:07	33:32 19:15	37:25 3:53	39:06 1:41	41:24 2:18	55:40 14:16	57:33 <b>1:53</b>	1:01:17 3:44	1:03:09 <b>1:52</b>	1:06:55 3:46				
4		<b>Lina Buchberger</b> <b>MTV Seesen</b>	<b>1:10:05</b> 3:51 3:51 1:10:05 0:29	9:02 5:11	13:29 4:27	15:43 <b>2:14</b>	17:50 2:07	36:54 19:04	41:15 4:21	43:23 2:08	45:37 <b>2:14</b>	59:18 13:41	1:01:34 2:16	1:03:17 <b>1:43</b>	1:05:45 2:28	1:09:36 3:51				
5		<b>Anna-Lena Engelma</b> <b>TSV Worpswede</b>	<b>1:36:50</b> 3:51 3:51 1:36:50 0:45	9:46 5:55	14:52 5:06	18:41 3:49	21:40 2:59	46:41 25:01	52:32 5:51	54:52 2:20	58:11 3:19	1:15:46 17:35	1:21:09 5:23	1:24:55 3:46	1:30:07 5:12	1:36:05 5:58				
6		<b>Jordan Sophie Meis</b> <b>OLV Uslar</b>	<b>1:52:23</b> 12:56 12:56 1:52:23 0:33	19:36 6:40	24:35 4:59	27:46 3:11	31:13 3:27	1:03:07 31:54	1:09:32 6:25	1:11:47 2:15	1:15:29 3:42	1:37:45 22:16	1:39:57 2:12	1:42:24 2:27	1:46:20 3:56	1:51:50 5:30				

Pl	tnr	Name	Zeit														
<b>D18 (7)</b>			<b>6,0 km 220 Hm</b>	<b>14 P</b>	<i>(Forts.)</i>												
			1(51) Ziel	2(45)	3(43)	4(70)	5(56)	6(35)	7(49)	8(48)	9(40)	10(41)	11(67)	12(42)	13(53)	14(100)	
		<b>Malin Wendelken</b> <b>TSV Worpswede</b>	<b>N Ang</b>														
<b>H18 (3)</b>			<b>6,3 km 270 Hm</b>	<b>14 P</b>													
			1(51) Ziel	2(50)	3(31)	4(56)	5(35)	6(49)	7(48)	8(38)	9(39)	10(40)	11(41)	12(52)	13(53)	14(100)	
1		<b>Jonas Wöldecke</b> <b>SC Melle 03</b>	<b>1:14:33</b>	3:49 3:49 <b>1:14:33</b> 0:36	5:57 2:08	7:14 <b>1:17</b>	17:10 9:56 <b>15:15</b>	32:25 <b>3:44</b>	36:09 <b>1:22</b>	37:31 3:49	41:20 3:49	42:59 1:39	50:00 <b>7:01</b>	<b>1:02:19</b> <b>12:19</b>	<b>1:04:13</b> <b>1:54</b>	<b>1:10:10</b> 5:57	<b>1:13:57</b> <b>3:47</b>
2		<b>Juncheng Fu</b> <b>MTV Seesen</b>	<b>1:20:05</b>	<b>2:15</b> <b>2:15</b> 1:20:05 0:42	<b>4:17</b> <b>2:02</b>	<b>5:44</b> 1:27	<b>11:12</b> <b>5:28</b>	<b>26:35</b> 15:23	<b>30:36</b> 4:01	<b>32:15</b> 1:39	<b>38:19</b> 6:04	<b>39:57</b> 1:38	<b>48:41</b> 8:44	1:06:45 1:08:51 2:06	1:13:42 4:51	1:19:23 5:41	
3		<b>Valentin Kollenbac</b> <b>Ski-Club Helsa</b>	<b>1:23:17</b>	2:46 2:46 1:23:17 <b>0:21</b>	6:06 3:20	7:40 1:34	13:39 5:59	33:24 19:45	38:48 5:24	40:28 1:40	44:09 <b>3:41</b>	45:45 <b>1:36</b>	55:12 9:27	1:09:41 14:29	1:15:40 5:59	1:18:33 <b>2:53</b>	1:22:56 4:23
<b>D19K (8)</b>			<b>3,3 km 40 Hm</b>	<b>10 P</b>													
			1(34)	2(54)	3(43)	4(70)	5(44)	6(42)	7(52)	8(58)	9(63)	10(100)	Ziel				
1		<b>Nadine Enoch</b> <b>Turn-Klubb zu Han</b>	<b>31:55</b>	1:05 1:05	<b>6:47</b> <b>5:42</b>	<b>8:25</b> <b>1:38</b>	<b>11:09</b> <b>2:44</b>	<b>18:29</b> <b>7:20</b>	<b>22:07</b> <b>3:38</b>	<b>25:19</b> <b>3:12</b>	<b>27:29</b> <b>2:10</b>	<b>29:42</b> <b>2:13</b>	<b>31:29</b> <b>1:47</b>	<b>31:55</b> <b>0:26</b>			
2		<b>Annika Strauß</b> <b>SV Hildesia Diekhof</b>	<b>39:00</b>	<b>1:03</b> 6:48	7:51 1:58	9:49 3:28	13:17 8:50	22:07 4:54	27:01 3:57	30:58 2:37	33:35 2:36	36:11 2:10	38:21 2:10	39:00 0:39			
3		<b>Uta Hillebrand</b> <b>Turn-Klubb zu Han</b>	<b>39:17</b>	1:12 1:12	8:21 7:09	11:21 3:00	14:35 3:14	22:41 8:06	27:41 5:00	31:42 4:01	34:03 2:21	36:17 2:14	38:37 2:20	39:17 0:40			
4		<b>Sonja Kunze</b> <b>OLV Uslar</b>	<b>49:57</b>	1:28 1:28	9:03 7:35	12:53 3:50	15:58 3:05	28:46 12:48	33:49 5:03	37:37 3:48	44:08 6:31	46:55 2:47	49:14 2:19	49:57 0:43			
5		<b>Sonja Bräunig</b> <b>TC Hameln</b>	<b>56:52</b>	1:25 1:25	11:20 9:55	13:58 2:38	18:26 4:28	34:06 15:40	39:50 5:44	46:50 7:00	49:50 3:00	52:46 2:56	56:22 3:36	56:52 0:30			
6		<b>Karola Schmidt</b> <b>TG 1860 Münden</b>	<b>1:08:44</b>	1:28 1:28	18:57 17:29	25:51 6:54	30:00 4:09	46:03 16:03	52:00 5:57	58:49 6:49	1:01:56 3:07	1:05:00 3:04	1:08:07 3:07	1:08:44 0:37			
7		<b>Johanna Drese</b> <b>OLV Uslar</b>	<b>1:21:17</b>	1:11 1:11	13:10 11:59	15:19 2:09	19:32 4:13	46:08 26:36	1:03:37 17:29	1:10:34 6:57	1:13:59 3:25	1:17:13 3:14	1:20:49 3:36	1:21:17 0:28			
		<b>Antje Enoch</b> <b>Turn-Klubb zu Han</b>	<b>Fehlst</b>	1:13 1:13	7:29 6:16	10:25 2:56	13:17 2:52	-----	30:54 17:37	34:37 3:43	38:38 4:01	41:13 2:35	43:03 1:50	43:27 0:24		26:18 *31	
<b>H20 (5)</b>			<b>7,7 km 310 Hm</b>	<b>14 P</b>													
			1(46) Ziel	2(47)	3(31)	4(32)	5(33)	6(56)	7(35)	8(37)	9(38)	10(39)	11(40)	12(41)	13(53)	14(100)	
1		<b>Fabian Ulbrich</b> <b>OLV Uslar</b>	<b>1:19:07</b>	1:17 1:17 <b>1:19:07</b> 0:30	3:03 1:46	<b>4:25</b> <b>1:22</b>	<b>13:36</b> 9:11	<b>16:38</b> 3:02	22:40 6:02	42:06 19:26	45:42 <b>3:36</b>	<b>50:34</b> <b>4:52</b>	<b>52:29</b> 1:55	<b>59:10</b> 6:41	<b>1:11:31</b> 12:21	<b>1:14:26</b> 2:55	<b>1:18:37</b> 4:11

Pl	tnr	Name	Zeit													
<b>H20 (5)</b>			<b>7,7 km 310 Hm</b>			<b>14 P</b>										
			<i>(Forts.)</i>													
			1(46) Ziel	2(47)	3(31)	4(32)	5(33)	6(56)	7(35)	8(37)	9(38)	10(39)	11(40)	12(41)	13(53)	14(100)
2		<b>Max Sonneborn</b> <b>TSV Worpswede</b>	<b>1:22:04</b> <b>1:08</b> 1:22:04 <b>0:25</b>	<b>2:34</b> <b>1:26</b>	8:02 5:28	<b>16:39</b> <b>8:37</b>	19:41 3:02	25:33 5:52	45:08 19:35	48:44 <b>3:36</b>	53:38 4:54	55:28 <b>1:50</b>	1:02:17 6:49	1:14:27 <b>12:10</b>	1:17:21 <b>2:54</b>	1:21:39 4:18
3		<b>Jonas Dresel</b> <b>SC Klecken</b>	<b>1:40:46</b> 1:20 1:20 1:40:46 <b>0:25</b>	3:14	4:45	14:13	17:02	<b>22:23</b> <b>39:51</b>	<b>43:52</b> <b>17:28</b>	4:01	1:05:48 21:56	1:12:27 6:39	1:19:00 <b>6:33</b>	1:33:07 14:07	1:36:19 3:12	1:40:21 <b>4:02</b>
		<b>Felix Drese</b> <b>OLV Uslar</b>	<b>Fehlst</b> 1:32 1:32 1:33:15 0:38	3:19	4:59	19:09	22:43	29:52	52:33	58:30	-----	-----	-----	1:21:57 23:27	-----	1:32:37 10:40
		<b>Till Finkenstädt</b> <b>OLV Uslar</b>	<b>Aufg</b> 3:50 3:50	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
<b>H21K (5)</b>			<b>4,4 km 120 Hm</b>			<b>14 P</b>										
			1(65) Ziel													
1		<b>Thomas Tröße</b> <b>TSG Königslutter</b>	<b>35:36</b> <b>1:53</b> 35:36 0:37	<b>3:01</b> 1:08	<b>4:52</b> <b>1:51</b>	<b>5:53</b> <b>1:01</b>	<b>13:35</b> <b>7:42</b>	<b>17:32</b> <b>3:57</b>	<b>19:31</b> <b>1:59</b>	<b>21:10</b> <b>1:39</b>	<b>22:54</b> <b>1:44</b>	<b>28:16</b> 5:22	<b>29:30</b> <b>1:14</b>	<b>31:15</b> <b>1:45</b>	<b>33:24</b> <b>2:09</b>	<b>34:59</b> <b>1:35</b>
2		<b>Malte Finkenstädt</b> <b>OLV Uslar</b>	<b>44:46</b> 2:14 2:14 44:46 0:42	3:20	5:34	7:03	18:42	23:03	25:31	28:12	30:18	34:27	36:03	40:03	42:24	44:04
3		<b>Garvin Behling</b> <b>Turn-Klubb zu Han</b>	<b>58:53</b> 4:15 4:15 58:53 <b>0:36</b>	5:41	8:15	10:20	22:20	30:56	34:27	36:54	39:33	45:22	47:13	53:42	56:13	58:17
		<b>Sven Friedrich</b> <b>OLV Uslar</b>	<b>Fehlst</b> 6:38 6:38 1:35:05 0:28	8:22	11:31	13:57	41:34	54:25	57:40	1:01:19	1:06:32	1:14:44	1:17:02	-----	1:32:24 15:22	1:34:37 2:13
		<b>Hannes Jendraszek</b> <b>MTV Seesen</b>	<b>Aufg</b> -----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
<b>D35 (7)</b>			<b>6,0 km 220 Hm</b>			<b>14 P</b>										
			1(51) Ziel													
1		<b>Renée Schwartz</b> <b>SSV Langenhagen</b>	<b>1:17:08</b> 2:18 2:18 1:17:08 0:39	<b>8:02</b> 5:44	<b>12:11</b> <b>4:09</b>	<b>15:03</b> 2:52	<b>18:10</b> 3:07	<b>39:45</b> 21:35	<b>44:08</b> <b>4:23</b>	<b>46:11</b> 2:03	<b>48:47</b> 2:36	<b>1:03:19</b> <b>14:32</b>	<b>1:05:37</b> 2:18	<b>1:08:50</b> 3:13	<b>1:11:21</b> <b>2:31</b>	<b>1:16:29</b> 5:08

Pl	tnr	Name	Zeit															
<b>D35 (7)</b>			<b>6,0 km 220 Hm</b>		<b>14 P</b>		<i>(Forts.)</i>											
			1(51) Ziel	2(45)	3(43)	4(70)	5(56)	6(35)	7(49)	8(48)	9(40)	10(41)	11(67)	12(42)	13(53)	14(100)		
2		<b>Sandra Castilho Ma</b> <b>SV Hildesia Diekhol</b>	1:23:18 2:56 1:23:18 <b>0:30</b>	8:24 <b>5:28</b>	12:53 4:29	15:25 <b>2:32</b>	18:23 2:58	41:55 23:32	46:42 4:47	49:07 2:25	51:36 <b>2:29</b>	1:08:43 17:07	1:11:41 2:58	1:14:40 2:59	1:17:55 3:15	1:22:48 4:53		
3		<b>Petra Schneider</b> <b>SV Hildesia Diekhol</b>	1:23:41 2:32 1:23:41 0:33	8:07 5:35	12:53 4:46	16:17 3:24	19:24 3:07	40:10 20:46	45:06 4:56	47:32 2:26	50:45 3:13	1:07:18 16:33	1:09:35 <b>2:17</b>	1:15:33 5:58	1:18:12 2:39	1:23:08 4:56		
4		<b>Sandra Wendt</b> <b>Turn-Klubb zu Han</b>	1:33:35 2:11 1:33:35 0:34	8:24 6:13	19:05 10:41	27:13 8:08	29:55 <b>2:42</b>	50:09 <b>20:14</b>	55:20 5:11	57:15 <b>1:55</b>	1:00:01 2:46	1:19:08 19:07	1:21:48 2:40	1:24:27 <b>2:39</b>	1:28:25 3:58	1:33:01 <b>4:36</b>		
5		<b>Claudia Weigert</b> <b>Braunschweiger MT</b>	1:55:20 4:12 1:55:20 0:34	10:50 6:38	17:52 7:02	22:17 4:25	26:30 4:13	54:44 28:14	1:01:50 7:06	1:05:08 3:18	1:09:39 4:31	1:34:50 25:11	1:38:50 4:00	1:43:00 4:10	1:48:01 5:01	1:54:46 6:45		
6		<b>Sandra Wöhrer</b> <b>TV Jahn Wolfsburg</b>	2:04:22 6:26 2:04:22 0:34	23:07 16:41	28:22 5:15	51:00 22:38	53:58 2:58	1:15:31 21:33	1:22:05 6:34	1:24:55 2:50	1:29:34 4:39	1:47:32 17:58	1:51:43 4:11	1:55:17 3:34	1:59:11 3:54	2:03:52 4:41		
		<b>Melanie Schips</b> <b>OLV Uslar</b>	<b>N Ang</b>															
<b>H35 (7)</b>			<b>7,7 km 310 Hm</b>		<b>14 P</b>													
			1(46) Ziel	2(47)	3(31)	4(32)	5(33)	6(56)	7(35)	8(37)	9(38)	10(39)	11(40)	12(41)	13(53)	14(100)		
1		<b>Thorsten Weigert</b> <b>Braunschweiger MT</b>	1:18:01 1:20 1:18:01 0:48	5:22 4:02	7:12 1:50	16:50 <b>9:38</b>	19:28 2:38	24:22 <b>4:54</b>	38:04 <b>13:42</b>	41:42 3:38	48:21 6:39	50:19 <b>1:58</b>	56:03 <b>5:44</b>	1:07:49 11:46	1:12:26 4:37	1:17:13 4:47		
2		<b>Jan Voigt</b> <b>Eintracht Braunsch</b>	1:23:30 1:06 1:23:30 0:27	8:44 7:38	9:59 <b>1:15</b>	26:17 16:18	28:43 <b>2:26</b>	33:48 5:05	49:29 15:41	52:53 <b>3:24</b>	57:36 <b>4:43</b>	59:43 2:07	1:05:54 6:11	1:16:20 <b>10:26</b>	1:19:40 <b>3:20</b>	1:23:03 <b>3:23</b>		
3		<b>Tomas Mildorf</b> <b>SC Klecken</b>	1:26:12 1:17 1:26:12 0:27	5:02 3:45	9:18 4:16	20:00 10:42	22:47 2:47	28:18 5:31	43:30 15:12	49:29 5:59	55:11 5:42	57:39 2:28	1:04:51 7:12	1:18:35 13:44	1:21:57 3:22	1:25:45 3:48		
4		<b>Frank Thiemann</b> <b>Hochschulsport Ha</b>	1:38:47 1:46 1:38:47 0:48	5:03 3:17	8:33 3:30	20:17 11:44	26:11 5:54	31:58 5:47	47:13 15:15	51:08 3:55	57:25 6:17	1:00:15 2:50	1:08:17 8:02	1:23:10 14:53	1:33:23 10:13	1:37:59 4:36		
5		<b>Oliver Hillebrandt</b> <b>OLV Uslar</b>	1:50:48 1:45 1:50:48 0:36	3:49 <b>2:04</b>	8:14 4:25	21:18 13:04	30:33 9:15	37:45 7:12	55:36 17:51	1:02:35 6:59	1:12:15 9:40	1:14:33 2:18	1:22:13 7:40	1:37:28 15:15	1:45:57 8:29	1:50:12 4:15		
6		<b>Ansgar Esztermann-</b> <b>OLV Uslar</b>	1:54:14 2:19 1:54:14 0:29	5:21 3:02	8:30 3:09	20:44 12:14	26:19 5:35	34:32 8:13	1:03:16 28:44	1:07:43 4:27	1:17:43 10:00	1:20:29 2:46	1:30:08 9:39	1:43:18 13:10	1:48:46 5:28	1:53:45 4:59		









Pl	tnr	Name	Zeit														
<b>H55 (13)</b>			<b>4,4 km 120 Hm</b>	<b>14 P</b>	<i>(Forts.)</i>												
			1(65) Ziel	2(45)	3(54)	4(43)	5(57)	6(42)	7(67)	8(52)	9(58)	10(46)	11(59)	12(31)	13(63)	14(100)	
9		<b>Rochus Souan</b>	<b>53:50</b>	3:05	4:33	8:36	10:01	23:11	28:48	31:02	34:02	37:04	43:26	45:22	47:43	50:47	53:11
		<b>SV Hildesia Diekhol</b>		3:05	1:28	4:03	1:25	13:10	5:37	2:14	3:00	3:02	6:22	1:56	2:21	3:04	2:24
			53:50 0:39														
10		<b>Bernd Höfner</b>	<b>1:01:06</b>	3:32	4:51	7:16	8:36	28:13	33:12	36:36	40:24	42:34	48:52	50:30	56:05	58:49	1:00:40
		<b>OLV Uslar</b>		3:32	1:19	2:25	1:20	19:37	4:59	3:24	3:48	2:10	6:18	1:38	5:35	2:44	1:51
			1:01:06 <b>0:26</b>														
11		<b>Wolfgang Wöldecke</b>	<b>1:16:53</b>	4:36	6:34	10:29	12:56	32:49	39:54	43:00	46:32	50:34	58:38	1:02:37	1:06:35	1:11:48	1:15:15
		<b>SC Melle 03</b>		4:36	1:58	3:55	2:27	19:53	7:05	3:06	3:32	4:02	8:04	3:59	3:58	5:13	3:27
			1:16:53 1:38														
12		<b>Uwe Bokemüller</b>	<b>1:22:21</b>	5:49	8:19	13:20	15:39	32:35	40:03	43:49	49:36	54:06	1:04:30	1:07:51	1:12:22	1:17:53	1:21:25
		<b>Old + New</b>		5:49	2:30	5:01	2:19	16:56	7:28	3:46	5:47	4:30	10:24	3:21	4:31	5:31	3:32
			1:22:21 0:56														
		<b>Werner Drese</b>	<b>Fehlst</b>	2:22	3:37	5:41	-----	14:36	19:09	21:21	23:49	26:31	31:51	33:31	35:42	38:30	40:18
		<b>OLV Uslar</b>		2:22	1:15	2:04		8:55	4:33	2:12	2:28	2:42	5:20	1:40	2:11	2:48	1:48
			41:05 0:47														
<b>D65 (2)</b>			<b>2,6 km 30 Hm</b>	<b>8 P</b>													
			1(45)	2(54)	3(43)	4(70)	5(51)	6(50)	7(63)	8(100)	Ziel						
1		<b>Irmela Bergt</b>	<b>35:14</b>	<b>5:01</b>	<b>8:56</b>	<b>11:17</b>	<b>14:58</b>	<b>24:12</b>	<b>28:41</b>	<b>31:45</b>	<b>34:23</b>	<b>35:14</b>					
		<b>TSV Fischerhude</b>		<b>5:01</b>	<b>3:55</b>	<b>2:21</b>	3:41	<b>9:14</b>	<b>4:29</b>	3:04	2:38	0:51					
2		<b>Birgitt Michel</b>	<b>37:54</b>	6:05	10:24	14:33	17:32	27:23	32:23	34:38	37:07	37:54					
		<b>TV Jahn Wolfsburg</b>		6:05	4:19	4:09	<b>2:59</b>	9:51	5:00	<b>2:15</b>	<b>2:29</b>	<b>0:47</b>					
<b>H65 (12)</b>			<b>3,3 km 40 Hm</b>	<b>10 P</b>													
			1(34)	2(54)	3(43)	4(70)	5(44)	6(42)	7(52)	8(58)	9(63)	10(100)	Ziel				
1		<b>Helmut Conrad</b>	<b>31:47</b>	<b>1:05</b>	<b>6:12</b>	<b>7:48</b>	<b>10:32</b>	<b>17:01</b>	<b>20:44</b>	<b>24:17</b>	<b>26:36</b>	<b>28:53</b>	<b>31:03</b>	<b>31:47</b>			
		<b>USV TU Dresden</b>		<b>1:05</b>	<b>5:07</b>	1:36	2:44	<b>6:29</b>	<b>3:43</b>	<b>3:33</b>	<b>2:19</b>	<b>2:17</b>	<b>2:10</b>	0:44			
2		<b>Dieter Conrad</b>	<b>42:03</b>	1:11	7:13	8:47	11:31	19:43	24:57	33:07	35:40	38:45	41:34	42:03			
		<b>SV Wissenschaft Qu</b>		1:11	6:02	1:34	2:44	8:12	5:14	8:10	2:33	3:05	2:49	<b>0:29</b>			
3		<b>Wilhelm Holz</b>	<b>42:42</b>	1:16	8:21	9:45	12:54	24:59	29:29	33:16	36:22	39:28	41:46	42:42			
		<b>OLV Uslar</b>		1:16	7:05	<b>1:24</b>	3:09	12:05	4:30	3:47	3:06	3:06	2:18	0:56			
4		<b>Gerhard Niederland</b>	<b>44:25</b>	1:14	8:49	10:26	13:04	23:47	29:11	32:50	35:45	38:06	43:46	44:25			
		<b>TSV Schloss Ricklin</b>		1:14	7:35	1:37	<b>2:38</b>	10:43	5:24	3:39	2:55	2:21	5:40	0:39			
5		<b>Lutz Tröße</b>	<b>44:34</b>	1:21	7:20	8:50	16:27	27:22	32:06	35:47	38:30	41:09	43:57	44:34			
		<b>SV TU Ilmenau</b>		1:21	5:59	1:30	7:37	10:55	4:44	3:41	2:43	2:39	2:48	0:37			
6		<b>Siegfried May</b>	<b>45:24</b>	1:27	9:14	11:11	14:08	22:36	28:08	35:58	38:49	41:52	44:47	45:24			
		<b>RSV Hannover</b>		1:27	7:47	1:57	2:57	8:28	5:32	7:50	2:51	3:03	2:55	0:37			
7		<b>Detlev Friedrichs</b>	<b>46:10</b>	1:07	10:52	12:24	16:52	25:26	29:45	36:46	39:36	43:01	45:32	46:10			
		<b>MTV Seesen</b>		1:07	9:45	1:32	4:28	8:34	4:19	7:01	2:50	3:25	2:31	0:38			
8		<b>Alfred Newerla</b>	<b>1:04:30</b>	1:08	10:37	12:09	30:20	40:32	47:36	54:50	57:39	1:00:55	1:03:51	1:04:30			
		<b>RSV Hannover</b>		1:08	9:29	1:32	18:11	10:12	7:04	7:14	2:49	3:16	2:56	0:39			
9		<b>Johannes Müssen</b>	<b>1:23:52</b>	2:25	20:00	22:57	27:57	45:07	55:31	1:05:38	1:11:28	1:17:32	1:22:45	1:23:52			
		<b>SUS Vehrte</b>		2:25	17:35	2:57	5:00	17:10	10:24	10:07	5:50	6:04	5:13	1:07			

Pl	tnr	Name	Zeit											
<b>H65 (12)</b>			<b>3,3 km 40 Hm</b>			<b>10 P</b>			<i>(Forts.)</i>					
			1(34)	2(54)	3(43)	4(70)	5(44)	6(42)	7(52)	8(58)	9(63)	10(100)	Ziel	
10		<b>Wolf Fehlig</b>	1:27:53	1:33	9:28	16:41	56:36	1:06:09	1:12:53	1:18:32	1:22:03	1:24:45	1:27:21	1:27:53
		<b>MTV Gittelde</b>		1:33	7:55	7:13	39:55	9:33	6:44	5:39	3:31	2:42	2:36	0:32
		<b>Frank Finkenstädt</b>	<b>N Ang</b>											
		<b>OLV Uslar</b>	<b>N Ang</b>											
		<b>Albrecht Bergt</b>	<b>N Ang</b>											
		<b>TSV Fischerhude</b>	<b>N Ang</b>											
<b>H75 (5)</b>			<b>2,6 km 30 Hm</b>			<b>8 P</b>								
			1(45)	2(54)	3(43)	4(70)	5(51)	6(50)	7(63)	8(100)	Ziel			
1		<b>Reinhard Jahn</b>	36:25	5:52	9:43	11:56	16:18	<b>26:06</b>	<b>29:29</b>	<b>32:35</b>	<b>35:49</b>	<b>36:25</b>		
		<b>Braunschweiger MT</b>		5:52	3:51	2:13	4:22	9:48	3:23	3:06	3:14	0:36		
2		<b>Günter Gohde</b>	38:09	5:53	9:52	11:47	16:10	26:25	30:09	33:21	36:44	38:09		
		<b>Turn-Klubb zu Han</b>		5:53	3:59	1:55	4:23	10:15	3:44	3:12	3:23	1:25		
3		<b>Eberhard Höfer</b>	42:57	6:51	11:12	13:41	18:12	30:16	35:06	38:15	42:11	42:57		
		<b>ASG Teutoburger W</b>		6:51	4:21	2:29	4:31	12:04	4:50	3:09	3:56	0:46		
4		<b>Dieter Brockfeld</b>	1:00:25	8:43	14:41	18:20	27:33	43:12	50:56	55:03	59:26	1:00:25		
		<b>Osnabrücker TB</b>		8:43	5:58	3:39	9:13	15:39	7:44	4:07	4:23	0:59		
		<b>Werner George Kla</b>	<b>N Ang</b>											
		<b>Sachsen-Marathon</b>	<b>N Ang</b>											
<b>D/H10 (7)</b>			<b>1,2 km 10 Hm</b>			<b>6 P</b>								
			1(60)	2(61)	3(62)	4(63)	5(64)	6(100)	Ziel					
1		<b>Jule Weigert</b>	15:16	4:56	6:40	8:12	11:43	13:38	14:33	15:16				
		<b>Braunschweiger MT</b>		4:56	1:44	1:32	3:31	1:55	0:55	0:43				
2		<b>Erik Urzua Wöhler</b>	16:48	6:37	8:28	10:11	13:02	15:05	16:08	16:48				
		<b>TV Jahn Wolfsburg</b>		6:37	1:51	1:43	2:51	2:03	1:03	0:40				
AK		<b>Robin von Gaza</b>	48:54	21:22	24:10	29:38	38:29	42:26	47:16	48:54	47:27			
		<b>OLV Uslar</b>		21:22	2:48	5:28	8:51	3:57	4:50	1:38	*100			
		<b>Lucia Stolze</b>	<b>N Ang</b>											
		<b>Bovender SV</b>	<b>N Ang</b>											
		<b>Irene Hey</b>	<b>N Ang</b>											
		<b>MTK Bad Harzburg</b>	<b>N Ang</b>											
		<b>Marlon Kriener</b>	<b>N Ang</b>											
		<b>OLV Uslar</b>	<b>N Ang</b>											
		<b>Karla Breckle</b>	<b>N Ang</b>											
		<b>Bovender SV</b>	<b>N Ang</b>											
<b>D/H10b (4)</b>			<b>1,2 km 10 Hm</b>			<b>6 P</b>								
			1(60)	2(61)	3(62)	4(63)	5(64)	6(100)	Ziel					
1		<b>Constantin Freuden</b>	13:50	2:12	4:04	5:59	9:00	11:25	13:08	13:50				
		<b>TSV Worpswede</b>		2:12	1:52	1:55	3:01	2:25	1:43	0:42				
2		<b>Sania Stamer</b>	22:23	4:13	6:58	9:53	16:12	19:17	20:47	22:23				
		<b>MTK Bad Harzburg</b>		4:13	2:45	2:55	6:19	3:05	1:30	1:36				
3		<b>Miguel Castilho Mar</b>	25:44	6:51	9:25	12:53	19:40	22:42	24:44	25:44				
		<b>SV Hildesia Diekhof</b>		6:51	2:34	3:28	6:47	3:02	2:02	1:00				
		<b>Finn Schips</b>	<b>N Ang</b>											
		<b>OLV Uslar</b>	<b>N Ang</b>											

Pl	tnr	Name	Zeit										
<b>Offen (3)</b>			<b>1,5 km</b>	<b>10 Hm</b>	<b>8 P</b>								
			1(60)	2(65)	3(61)	4(51)	5(62)	6(50)	7(63)	8(100)	Ziel		
1		<b>Beate Dobra</b>	<b>30:48</b>	<b>2:51</b>	<b>6:14</b>	<b>14:06</b>	<b>18:23</b>	<b>21:11</b>	<b>23:09</b>	<b>26:09</b>	<b>29:57</b>	<b>30:48</b>	11:17
		<b>SV Bad Düben</b>		<b>2:51</b>	<b>3:23</b>	<b>7:52</b>	<b>4:17</b>	2:48	<b>1:58</b>	<b>3:00</b>	3:48	0:51	*59
2		<b>Myrea Gerling</b>	<b>33:48</b>	4:59	9:11	17:09	21:31	24:03	26:07	29:11	32:58	33:48	
		<b>TG 1860 Münden</b>		4:59	4:12	7:58	4:22	<b>2:32</b>	2:04	3:04	<b>3:47</b>	<b>0:50</b>	
		<b>Ioannis/Johannes Z</b>	<b>N Ang</b>										
		<b>Corvinianum North</b>											