

Pl	tnr	Name	Zeit														
D19 (11)			6,7 km							13 P							
			1(54)	2(36)	3(64)	4(51)	5(65)	6(50)	7(55)	8(47)	9(46)	10(52)	11(34)	12(31)	13(32)	Ziel	
1		Birte Friedrichs	57:56	2:22	3:25	13:57	15:12	22:08	26:04	28:44	31:30	34:04	42:30	52:29	55:20	57:17	57:56
		MTV Seesen		2:22	1:03	10:32	1:15	6:56	3:56	2:40	2:46	2:34	8:26	9:59	2:51	1:57	0:39
2		Ann-Charlotte Span	1:02:55	2:52	4:03	14:06	15:22	22:16	27:21	30:11	33:32	36:22	45:02	55:55	59:54	1:02:10	1:02:55
		TG 1860 Münden		2:52	1:11	10:03	1:16	6:54	5:05	2:50	3:21	2:50	8:40	10:53	3:59	2:16	0:45
3		Nina Döllgast	1:07:20	2:55	4:36	15:35	16:57	24:08	28:06	31:05	34:48	37:43	48:16	59:49	1:04:01	1:06:31	1:07:20
		MTV Seesen		2:55	1:41	10:59	1:22	7:11	3:58	2:59	3:43	2:55	10:33	11:33	4:12	2:30	0:49
4		Pia Buchholz	1:17:49	3:09	4:30	19:00	20:34	30:19	35:09	38:37	42:36	45:57	56:31	1:09:12	1:13:44	1:16:40	1:17:49
		MTK Bad Harzburg		3:09	1:21	14:30	1:34	9:45	4:50	3:28	3:59	3:21	10:34	12:41	4:32	2:56	1:09
5		Uliana Tomarovskay	1:20:42	2:52	4:27	20:52	23:08	31:03	35:52	39:04	43:00	46:01	58:45	1:11:58	1:16:31	1:19:33	1:20:42
		Turn-Klubb zu Han		2:52	1:35	16:25	2:16	7:55	4:49	3:12	3:56	3:01	12:44	13:13	4:33	3:02	1:09
6		Esther Stamer	1:31:25	4:32	6:08	27:15	29:23	37:48	45:37	49:18	53:44	57:20	1:09:02	1:22:35	1:27:22	1:30:19	1:31:25
		MTK Bad Harzburg		4:32	1:36	21:07	2:08	8:25	7:49	3:41	4:26	3:36	11:42	13:33	4:47	2:57	1:06
						19:00											
						*52											
7		Uta Hillebrand	1:33:38	3:27	6:04	19:55	23:10	32:40	38:46	42:26	50:16	54:22	1:06:16	1:23:40	1:28:57	1:32:40	1:33:38
		Turn-Klubb zu Han		3:27	2:37	13:51	3:15	9:30	6:06	3:40	7:50	4:06	11:54	17:24	5:17	3:43	0:58
						1:31:39											
						*39											
8		Katharina Wilke	1:34:11	8:29	11:18	24:58	28:44	37:45	43:53	48:05	52:57	56:39	1:09:29	1:23:25	1:28:55	1:32:17	1:34:11
		SV Schorfheide		8:29	2:49	13:40	3:46	9:01	6:08	4:12	4:52	3:42	12:50	13:56	5:30	3:22	1:54
9		Katharina Linke	2:06:20	7:19	8:50	42:03	44:19	56:14	1:00:51	1:06:04	1:13:57	1:17:12	1:28:50	1:55:13	2:00:40	2:05:35	2:06:20
		MTV Seesen		7:19	1:31	33:13	2:16	11:55	4:37	5:13	7:53	3:15	11:38	26:23	5:27	4:55	0:45
10		Dorothea Kirves	2:10:41	4:57	7:23	25:49	28:39	39:20	48:31	54:48	1:04:59	1:10:17	1:32:14	1:54:37	2:03:05	2:08:58	2:10:41
		TG 1860 Münden		4:57	2:26	18:26	2:50	10:41	9:11	6:17	10:11	5:18	21:57	22:23	8:28	5:53	1:43
		Julia Gierlach	Aufg	6:20	9:23	41:08	-----	-----	-----	-----	-----	-----	50:15	1:19:45	1:29:34	1:35:44	1:38:42
		SV Schorfheide		6:20	3:03	31:45							9:07	29:30	9:49	6:10	2:58
						1:13:13											
						*35											
						*62											
H19 (12)			9,4 km					18 P									
			1(36)	2(64)	3(51)	4(65)	5(41)	6(45)	7(55)	8(66)	9(67)	10(68)	11(69)	12(70)	13(47)	14(46)	
			15(52)	16(34)	17(31)	18(32)	Ziel										
1		Markus Müller	1:09:58	3:47	11:07	12:05	17:13	22:40	24:17	25:17	32:21	33:45	35:24	36:05	40:20	48:04	49:58
		OSC Kassel		3:47	7:20	0:58	5:08	5:27	1:37	1:00	7:04	1:24	1:39	0:41	4:15	7:44	1:54
				57:11	1:04:53	1:07:42	1:09:19	1:09:58									
				7:13	7:42	2:49	1:37	0:39									
2		Christoph Hofmeist	1:20:40	2:46	12:23	13:22	20:04	27:37	29:14	30:22	39:17	41:14	43:00	43:49	48:38	55:53	58:10
		MTK Bad Harzburg		2:46	9:37	0:59	6:42	7:33	1:37	1:08	8:55	1:57	1:46	0:49	4:49	7:15	2:17
				1:06:49	1:15:17	1:18:11	1:20:00	1:20:40									
				8:39	8:28	2:54	1:49	0:40									
3		Michael Thierolf	1:21:51	3:18	12:29	13:40	19:42	26:14	28:04	29:14	38:47	40:21	42:04	42:58	48:16	55:36	57:57
		TSG Bad König		3:18	9:11	1:11	6:02	6:32	1:50	1:10	9:33	1:34	1:43	0:54	5:18	7:20	2:21
				1:06:15	1:16:04	1:19:01	1:21:07	1:21:51									
				8:18	9:49	2:57	2:06	0:44									
4		Joachim Stamer	1:25:21	3:12	12:50	14:01	20:58	26:54	28:49	30:08	38:53	40:40	42:28	43:25	48:57	56:36	59:07
		MTK Bad Harzburg		3:12	9:38	1:11	6:57	5:56	1:55	1:19	8:45	1:47	1:48	0:57	5:32	7:39	2:31
				1:08:02	1:18:20	1:22:17	1:24:35	1:25:21									
				8:55	10:18	3:57	2:18	0:46									
5		Sergei Roskop	1:28:39	3:23	12:05	13:14	19:23	26:02	28:05	29:11	38:18	39:41	41:51	42:44	49:10	57:16	1:00:04
		Braunschweiger MT		3:23	8:42	1:09	6:09	6:39	2:03	1:06	9:07	1:23	2:10	0:53	6:26	8:06	2:48
				1:10:25	1:21:14	1:25:06	1:27:31	1:28:39			1:26:45						
				10:21	10:49	3:52	2:25	1:08			*39						

Pl	tnr	Name	Zeit														
H19 (12)			9,4 km	18 P	<i>(Forts.)</i>												
			1(36) 15(52)	2(64) 16(34)	3(51) 17(31)	4(65) 18(32)	5(41) Ziel	6(45)	7(55)	8(66)	9(67)	10(68)	11(69)	12(70)	13(47)	14(46)	
6		Thorsten Weigert TV Jahn Wolfsburg	1:36:14	4:24 4:24 1:17:30	15:52 11:28 1:29:15	17:19 1:27 1:32:59	24:06 6:47 1:35:25	37:00 12:54 1:36:14	38:15 1:15	39:27 1:12	48:29 9:02	50:12 1:43	52:15 2:03	53:04 0:49	58:17 5:13	1:06:15 7:58	1:08:52 2:37
7		Martin Hennseler MTV Seesen	1:37:02	8:38 4:55 1:19:16	11:45 15:10 1:29:45	3:44 16:39 1:33:55	2:26 26:09 1:36:13	0:49 34:04 1:37:02	36:14 2:10	37:56 1:42	47:22 9:26	48:59 1:37	51:35 2:36	52:33 0:58	58:30 5:57	1:07:25 8:55	1:10:24 2:59
8		Karsten Blume Berliner TSC	1:37:14	8:52 4:09 4:09 1:17:31	10:29 14:31 10:22 1:30:09	4:10 16:02 1:31 1:34:08	2:18 22:12 6:10 1:36:25	0:49 32:00 9:48 1:37:14	33:47 1:47	35:15 1:28	46:26 11:11	48:18 1:52	50:23 2:05	51:23 1:00	56:51 5:28	1:05:16 8:25	1:08:00 2:44
9		Jörg Kleinholz-Mew TuS Bothfeld 04	1:44:20	9:31 5:19 5:19 1:24:51	12:38 15:41 10:22 1:36:31	3:59 19:03 3:22 1:40:41	2:17 25:19 6:16 1:42:57	0:49 37:04 11:45 1:44:20	38:45 1:41	40:16 1:31	49:07 8:51	50:58 1:51	53:16 2:18	54:20 1:04	1:00:06 5:46	1:08:37 8:31	1:11:39 3:02
10		Leon Kollenbach Ski-Club Helsa	1:47:57	13:12 4:21 4:21 1:28:58	11:40 14:56 10:35 1:40:50	4:10 16:55 1:59 1:44:59	2:16 26:03 9:08 1:47:09	1:23 35:18 9:15 1:47:57	37:55 2:37	39:14 1:19	54:15 15:01	56:18 2:03	58:41 2:23	59:49 1:08	1:06:28 6:39	1:15:29 9:01	1:19:17 3:48
11		Matti Bruns MTK Bad Harzburg	1:58:06	9:41 4:02 4:02 1:37:02	11:52 20:17 16:15 1:49:12	4:09 21:55 1:38 1:54:35	2:10 30:23 8:28 1:57:08	0:48 38:55 8:32 1:58:06	41:04 2:09	42:30 1:26	55:39 13:09	58:36 2:57	1:01:52 3:16	1:03:16 1:24	1:09:50 6:34	1:21:12 11:22	1:25:04 3:52
		Henning Kapischke OK Mark Brandenb	N Ang														
D-10 (5)			1,2 km	6 P													
			1(59)	2(56)	3(57)	4(58)	5(60)	6(61)	Ziel								
1		Katharina Lorenz SV Hildesia Diekhol	8:53	1:05	1:25	4:16	4:56	6:54	8:17	8:53							
2		Romy Frank SV Hildesia Diekhol	10:31	1:10	1:35	5:06	6:01	8:16	9:55	10:31							
3		Hanna Stark MTV Seesen	11:46	1:19	1:52	4:34	5:30	9:45	11:19	11:46							
4		Leonie Lochte SV Hildesia Diekhol	18:21	1:33	2:02	8:36	9:58	13:52	17:40	18:21							
		Sania Stamer SV Hildesia Diekhol	N Ang														
H-10 (4)			1,2 km	6 P													
			1(59)	2(56)	3(57)	4(58)	5(60)	6(61)	Ziel								
1		Jonas Risse TG 1860 Münden	12:46	2:24	2:38	5:55	6:50	10:04	12:13	12:46							
2		Günter Stark MTV Seesen	13:37	2:28	3:06	7:08	8:19	11:02	12:52	13:37							
3		Miguel Castilho Mar SV Hildesia Diekhol	13:39	1:11	1:27	4:25	5:14	11:54	13:17	13:39							
			1:11	0:16	2:58	0:49	6:40	1:23	0:22								

Pl	tnr	Name	Zeit										
H-10 (4)			1,2 km		6 P		<i>(Forts.)</i>						
			1(59)	2(56)	3(57)	4(58)	5(60)	6(61)	Ziel				
4		Robin von Gaza	15:37	1:33	2:42	5:26	9:27	11:55	14:39	15:37			
		OLV Uslar		1:33	1:09	2:44	4:01	2:28	2:44	0:58			
D-12 (3)			1,9 km		6 P								
			1(56)	2(62)	3(35)	4(63)	5(58)	6(60)	Ziel				
1		Jette Körber	23:52	1:23	3:23	9:58	17:47	20:10	22:08	23:52			
		OLV Uslar		1:23	2:00	6:35	7:49	2:23	1:58	1:44			
2		Lamis Mousa	25:45	1:10	3:31	7:14	20:36	22:45	24:28	25:45			
		OLV Uslar		1:10	2:21	3:43	13:22	2:09	1:43	1:17			
3		Stine Bruns	26:11	1:18	3:34	8:27	12:55	15:48	18:13	26:11			
		MTK Bad Harzburg		1:18	2:16	4:53	4:28	2:53	2:25	7:58			
H-12 (2)			1,9 km		6 P								
			1(56)	2(62)	3(35)	4(63)	5(58)	6(60)	Ziel				
1		Hannes Möhring	13:27	1:12	3:02	6:07	8:53	10:38	12:16	13:27			
		TV Jahn Wolfsburg		1:12	1:50	3:05	2:46	1:45	1:38	1:11			
2		Maik Schweizer	22:01	1:38	3:30	7:45	16:33	18:46	20:27	22:01			
		MTV Seesen		1:38	1:52	4:15	8:48	2:13	1:41	1:34			
D-14 (8)			3,6 km		9 P								
			1(43)	2(38)	3(42)	4(37)	5(49)	6(48)	7(40)	8(31)	9(39)	Ziel	
1		Rut Stark	40:37	1:46	6:47	12:22	16:53	21:17	23:35	26:48	35:40	38:51	40:37
		MTV Seesen		1:46	5:01	5:35	4:31	4:24	2:18	3:13	8:52	3:11	1:46
2		Karla Breckle	40:55	3:16	8:17	12:43	16:51	22:17	25:19	27:35	36:51	39:21	40:55
		Bovender SV		3:16	5:01	4:26	4:08	5:26	3:02	2:16	9:16	2:30	1:34
3		Anna Weigert	41:24	2:05	7:24	11:36	16:44	21:41	23:51	26:18	37:02	39:52	41:24
		TV Jahn Wolfsburg		2:05	5:19	4:12	5:08	4:57	2:10	2:27	10:44	2:50	1:32
4		Jule Weigert	42:48	2:02	7:13	12:42	18:07	24:19	26:54	29:30	38:42	41:21	42:48
		TV Jahn Wolfsburg		2:02	5:11	5:29	5:25	6:12	2:35	2:36	9:12	2:39	1:27
5		Lucia Stolze	44:49	2:32	9:14	14:42	20:09	26:21	29:21	31:37	40:53	43:25	44:49
		Bovender SV		2:32	6:42	5:28	5:27	6:12	3:00	2:16	9:16	2:32	1:24
6		Maren Strauß	47:55	2:07	6:54	13:04	17:34	23:52	26:09	29:08	43:42	46:06	47:55
		SV Hildesia Diekhol		2:07	4:47	6:10	4:30	6:18	2:17	2:59	14:34	2:24	1:49
7		Franke Dietze	50:16	3:14	8:41	15:23	20:52	26:42	30:23	33:38	44:19	47:21	50:16
		kein Verein		3:14	5:27	6:42	5:29	5:50	3:41	3:15	10:41	3:02	2:55
8		Charlotta Haupt	1:01:32	3:15	10:04	17:56	24:46	32:01	36:48	41:33	53:52	58:37	1:01:32
		SK Oker		3:15	6:49	7:52	6:50	7:15	4:47	4:45	12:19	4:45	2:55
H-14 (5)			3,6 km		9 P								
			1(43)	2(38)	3(42)	4(37)	5(49)	6(48)	7(40)	8(31)	9(39)	Ziel	
1		Erik Urzua Wöhrer	37:57	1:47	6:13	10:34	14:28	18:59	22:00	24:38	33:52	36:10	37:57
		TV Jahn Wolfsburg		1:47	4:26	4:21	3:54	4:31	3:01	2:38	9:14	2:18	1:47
2		Johannes Eckel	40:01	3:46	8:15	12:38	16:32	21:06	23:29	26:34	35:54	38:14	40:01
		OLV Uslar		3:46	4:29	4:23	3:54	4:34	2:23	3:05	9:20	2:20	1:47
3		Till Raake	43:19	2:04	8:49	12:59	18:17	22:33	24:45	26:51	38:54	41:16	43:19
		MTV Seesen		2:04	6:45	4:10	5:18	4:16	2:12	2:06	12:03	2:22	2:03
4		Sven-Guido Schulz	44:40	1:51	8:57	13:19	17:22	22:30	24:18	29:12	38:48	42:48	44:40
		TV Jahn Wolfsburg		1:51	7:06	4:22	4:03	5:08	1:48	4:54	9:36	4:00	1:52

Pl	tnr	Name	Zeit														
H-14 (5)			3,6 km		9 P		<i>(Forts.)</i>										
			1(43)	2(38)	3(42)	4(37)	5(49)	6(48)	7(40)	8(31)	9(39)	Ziel					
5		Felix Salau MTV Seesen	47:06	2:32	7:37	12:52	18:24	24:11	26:57	29:55	42:31	45:07	47:06				
				2:32	5:05	5:15	5:32	5:47	2:46	2:58	12:36	2:36	1:59				
D-18 (7)			5,6 km		14 P												
			1(54)	2(38)	3(53)	4(64)	5(51)	6(44)	7(52)	8(48)	9(49)	10(33)	11(37)	12(31)	13(39)	14(32)	
			Ziel														
1		Lina Buchberger MTV Seesen	52:41	3:25	7:13	11:19	15:39	17:11	23:06	27:07	34:52	36:10	38:31	41:18	49:38	51:19	51:56
				3:25	3:48	4:06	4:20	1:32	5:55	4:01	7:45	1:18	2:21	2:47	8:20	1:41	0:37
			52:41														
			0:45														
2		Anna Castilho Marc SV Hildesia Diekhol	1:05:29	3:15	7:31	11:33	17:40	19:09	23:56	28:24	39:39	41:00	44:01	47:28	1:00:31	1:03:22	1:04:15
				3:15	4:16	4:02	6:07	1:29	4:47	4:28	11:15	1:21	3:01	3:27	13:03	2:51	0:53
			1:05:29														
			1:14														
3		Carolin Bernsdorf MTV Seesen	1:16:24	4:11	8:26	13:50	19:56	21:56	30:52	37:14	50:13	51:50	56:28	59:51	1:12:02	1:14:15	1:15:10
				4:11	4:15	5:24	6:06	2:00	8:56	6:22	12:59	1:37	4:38	3:23	12:11	2:13	0:55
			1:16:24														
			1:14														
4		Tinka Kankaanpää Bovender SV	1:24:11	3:34	12:14	18:28	28:29	30:33	40:01	45:58	59:42	1:01:25	1:04:00	1:07:52	1:20:37	1:22:29	1:23:18
				3:34	8:40	6:14	10:01	2:04	9:28	5:57	13:44	1:43	2:35	3:52	12:45	1:52	0:49
			1:24:11														
			0:53														
5		Lena-Maria Klose MTV Seesen	1:24:29	4:28	13:59	21:49	28:05	30:02	39:15	45:18	58:34	1:01:09	1:04:43	1:08:19	1:20:09	1:22:19	1:23:14
				4:28	9:31	7:50	6:16	1:57	9:13	6:03	13:16	2:35	3:34	3:36	11:50	2:10	0:55
			1:24:29														
			1:15														
6		Lilly Hintz MTV Seesen	1:31:33	4:35	12:24	17:44	23:59	26:04	35:15	41:12	57:23	59:03	1:05:08	1:09:40	1:24:25	1:28:38	1:29:56
				4:35	7:49	5:20	6:15	2:05	9:11	5:57	16:11	1:40	6:05	4:32	14:45	4:13	1:18
			1:31:33														
			1:37														
7		Louisa Kollenbach Ski-Club Helsa	2:06:26	5:44	13:16	21:44	32:42	35:49	45:56	55:37	1:12:52	1:15:58	1:21:46	1:28:21	1:59:28	2:03:08	2:04:45
				5:44	7:32	8:28	10:58	3:07	10:07	9:41	17:15	3:06	5:48	6:35	31:07	3:40	1:37
			2:06:26														
			1:41														
H-18 (9)			6,7 km		13 P												
			1(54)	2(36)	3(64)	4(51)	5(65)	6(50)	7(55)	8(47)	9(46)	10(52)	11(34)	12(31)	13(32)	Ziel	
1		Aaron Wandelt MTV Seesen	57:09	2:06	3:22	12:01	13:18	20:01	25:02	27:30	30:25	32:53	41:48	51:10	54:18	56:27	57:09
				2:06	1:16	8:39	1:17	6:43	5:01	2:28	2:55	2:28	8:55	9:22	3:08	2:09	0:42
2		Tom Buchholz MTK Bad Harzburg	59:53	2:43	4:08	15:00	17:03	24:53	28:57	31:22	34:20	36:28	43:54	54:06	57:17	59:09	59:53
				2:43	1:25	10:52	2:03	7:50	4:04	2:25	2:58	2:08	7:26	10:12	3:11	1:52	0:44
						55:02											
						*62											
3		Theo Hennseler MTV Seesen	1:06:56	2:22	3:33	14:51	16:21	23:18	28:59	31:58	35:31	38:44	49:56	1:01:01	1:04:15	1:06:12	1:06:56
				2:22	1:11	11:18	1:30	6:57	5:41	2:59	3:33	3:13	11:12	11:05	3:14	1:57	0:44
4		Till Buchberger MTV Seesen	1:07:21	3:09	4:20	15:18	16:58	24:44	29:56	32:24	35:52	38:08	50:02	1:00:37	1:04:13	1:06:25	1:07:21
				3:09	1:11	10:58	1:40	7:46	5:12	2:28	3:28	2:16	11:54	10:35	3:36	2:12	0:56
5		Jussi Bruns MTK Bad Harzburg	1:10:56	2:12	3:18	14:46	16:18	24:25	28:56	32:19	36:38	39:45	50:52	1:03:03	1:07:15	1:10:03	1:10:56
				2:12	1:06	11:28	1:32	8:07	4:31	3:23	4:19	3:07	11:07	12:11	4:12	2:48	0:53
						9:18											
						1:04:09											
						*53	*62										

Pl	tnr	Name	Zeit														
H45- (19)				7,2 km	14 P	<i>(Forts.)</i>											
				1(36) Ziel	2(64)	3(51)	4(65)	5(50)	6(45)	7(41)	8(47)	9(46)	10(52)	11(34)	12(31)	13(39)	14(32)
4		Martin Gertenbach Ski-Club Helsa	1:13:56	6:32 6:32 1:13:56 0:46	17:23 10:51	19:04 1:41 1:07:57 *62	26:37 7:33	31:46 5:09	35:28 3:42	36:34 1:06	42:24 5:50	45:33 3:09	55:22 9:49	1:06:45 11:23	1:10:46 4:01	1:12:30 1:44	1:13:10 0:40
5		Dirk Strauß SV Hildesia Diekhol	1:16:30	5:03 5:03 1:16:30 0:55	16:56 11:53	18:20 1:24	27:20 9:00	32:42 5:22	36:48 4:06	38:48 2:00	45:01 6:13	48:13 3:12	57:14 9:01	1:08:54 11:40	1:12:51 3:57	1:14:39 1:48	1:15:35 0:56
6		Michael Kukis OSC Kassel	1:19:11	4:43 4:43 1:19:11 0:57	15:08 10:25	16:34 1:26	23:23 6:49	28:56 5:33	32:26 3:30	33:41 1:15	39:13 5:32	42:24 3:11	52:37 10:13	1:11:14 18:37	1:15:39 4:25	1:17:22 1:43	1:18:14 0:52
7		Raimondas Olislaus Berliner TSC	1:19:40	4:11 4:11 1:19:40 0:57	15:14 11:03	16:46 1:32	25:05 8:19	30:18 5:13	34:45 4:27	36:00 1:15	42:27 6:27	45:34 3:07	59:44 14:10	1:11:59 12:15	1:16:07 4:08	1:17:55 1:48	1:18:43 0:48
8		Pasi Kankaanpää Bovender SV	1:19:43	4:16 4:16 1:19:43 1:01	15:22 11:06	16:58 1:36	25:43 8:45	30:17 4:34	35:29 5:12	37:18 1:49	44:30 7:12	47:53 3:23	58:54 11:01	1:11:06 12:12	1:15:57 4:51	1:17:49 1:52	1:18:42 0:53
9		Henning Bruns MTK Bad Harzburg	1:20:52	4:11 4:11 1:20:52 1:08	15:55 11:44	17:29 1:34 1:11:07 *62	25:44 8:15	30:43 4:59	36:07 5:24	37:21 1:14	43:51 6:30	46:48 2:57	56:55 10:07	1:12:39 15:44	1:16:50 4:11	1:18:43 1:53	1:19:44 1:01
10		Paulo Urzua Torres TV Jahn Wolfsburg	1:27:13	4:42 4:42 1:27:13 0:53	16:14 11:32	17:52 1:38	26:12 8:20	32:06 5:54	36:48 4:42	39:05 2:17	45:19 6:14	48:38 3:19	1:01:15 12:37	1:19:32 18:17	1:23:21 3:49	1:25:30 2:09	1:26:20 0:50
11		Peter Kollenbach Ski-Club Helsa	1:31:32	4:53 4:53 1:31:32 1:18	18:20 13:27	20:33 2:13	30:03 9:30	37:02 6:59	41:59 4:57	43:33 1:34	51:30 7:57	55:10 3:40	1:07:11 12:01	1:21:57 14:46	1:26:47 4:50	1:29:07 2:20	1:30:14 1:07
12		Christian Buchberg MTV Seesen	1:33:52	5:53 5:53 1:33:52 1:08	19:03 13:10	21:05 2:02	31:04 9:59	37:04 6:00	41:59 4:55	44:17 2:18	51:51 7:34	55:36 3:45	1:07:12 11:36	1:23:07 15:55	1:29:35 6:28	1:31:41 2:06	1:32:44 1:03
13		Gunnar Grote OLV Uslar	1:35:06	6:59 6:59 1:35:06 0:52	23:52 16:53	25:19 1:27	34:27 9:08	40:15 5:48	44:33 4:18	46:15 1:42	54:19 8:04	58:15 3:56	1:09:07 10:52	1:26:06 16:59	1:31:00 4:54	1:33:22 2:22	1:34:14 0:52
14		Luis Moreton Turn-Klubb zu Han	1:38:49	6:06 6:06 1:38:49 1:23	21:44 15:38	23:27 1:43 44:51 *55	33:31 10:04	39:45 6:14	----- -----	----- -----	49:51 10:06	54:39 4:48	1:10:10 15:31	1:28:15 18:05	1:33:56 5:41	1:36:29 2:33	1:37:26 0:57
15		Stephan Schliebene OLV Uslar	1:39:29	5:58 5:58 1:39:29 0:59	22:29 16:31	24:49 2:20	35:27 10:38	41:17 5:50	46:49 5:32	48:21 1:32	56:16 7:55	1:00:35 4:19	1:13:29 12:54	1:30:06 16:37	1:35:29 5:23	1:37:38 2:09	1:38:30 0:52

Pl	tnr	Name	Zeit														
H45- (19)			7,2 km		14 P		<i>(Forts.)</i>										
			1(36) Ziel	2(64)	3(51)	4(65)	5(50)	6(45)	7(41)	8(47)	9(46)	10(52)	11(34)	12(31)	13(39)	14(32)	
16		Rochus Souan	1:43:49	6:32	21:26	23:42	33:04	38:36	43:30	45:23	54:34	58:08	1:15:17	1:33:00	1:38:47	1:41:12	1:42:30
		SV Hildesia Diekhof		6:32	14:54	2:16	9:22	5:32	4:54	1:53	9:11	3:34	17:09	17:43	5:47	2:25	1:18
17		Sven Buchholz	1:45:53	6:14	20:02	23:15	35:18	44:00	50:23	51:59	1:00:08	1:03:42	1:20:37	1:35:11	1:39:36	1:43:36	1:44:57
		MTK Bad Harzburg		6:14	13:48	3:13	12:03	8:42	6:23	1:36	8:09	3:34	16:55	14:34	4:25	4:00	1:21
		Marcel Frank	Aufg	5:09	31:12	33:28	-----	-----	-----	-----	-----	-----	-----	1:16:58	1:22:43	1:25:16	1:26:34
		SV Hildesia Diekhof		5:09	26:03	2:16								43:30	5:45	2:33	1:18
		Alfonso Cuesta Her	Aufg	14:17	31:04	33:40	56:23	1:12:06	1:34:16	1:36:38	1:49:21	2:00:28	-----	-----	-----	-----	-----
		TV Jahn Wolfsburg		14:17	16:47	2:36	22:43	15:43	22:10	2:22	12:43	11:07					
				2:30:34													
				30:06													
H65- (8)			4,1 km		11 P												
			1(36)	2(38)	3(42)	4(40)	5(48)	6(49)	7(33)	8(37)	9(43)	10(31)	11(39)	Ziel			
1		Helmut Conrad	50:12	5:44	9:13	14:33	20:15	22:39	25:10	28:29	31:59	43:45	45:55	48:17	50:12		
		USV TU Dresden		5:44	3:29	5:20	5:42	2:24	2:31	3:19	3:30	11:46	2:10	2:22	1:55		
2		Bernd Höfner	53:58	5:44	9:07	14:33	20:31	22:53	24:52	28:30	32:31	46:44	48:46	51:42	53:58		
		OLV Uslar		5:44	3:23	5:26	5:58	2:22	1:59	3:38	4:01	14:13	2:02	2:56	2:16		
3		Siegfried May	58:01	6:55	11:12	16:57	23:00	25:34	27:53	32:33	36:21	51:45	53:43	56:11	58:01		
		RSV Hannover		6:55	4:17	5:45	6:03	2:34	2:19	4:40	3:48	15:24	1:58	2:28	1:50		
4		Karl-Heinz Seefeld	1:09:00	9:08	13:12	19:14	27:28	30:59	34:47	39:43	44:31	59:45	1:02:48	1:06:18	1:09:00		
		OLV Uslar		9:08	4:04	6:02	8:14	3:31	3:48	4:56	4:48	15:14	3:03	3:30	2:42		
5		Ferdinand Hanses	1:12:23	9:30	13:47	19:01	32:02	34:46	36:50	40:00	44:19	59:26	1:07:53	1:10:23	1:12:23		
		TuS Bramsche		9:30	4:17	5:14	13:01	2:44	2:04	3:10	4:19	15:07	8:27	2:30	2:00		
6		Detlev Friedrichs	1:15:16	8:28	13:30	20:59	30:51	34:55	38:02	43:04	48:16	1:05:16	1:08:28	1:12:17	1:15:16		
		MTV Seesen		8:28	5:02	7:29	9:52	4:04	3:07	5:02	5:12	17:00	3:12	3:49	2:59		
7		Bernd Wollenberg	1:24:07	9:06	14:40	23:22	32:35	36:20	40:19	46:05	52:24	1:12:14	1:15:44	1:20:01	1:24:07		
		SV Schorfheide		9:06	5:34	8:42	9:13	3:45	3:59	5:46	6:19	19:50	3:30	4:17	4:06		
8		Martin sen. Gertenb	2:40:22	11:03	18:55	30:58	44:45	1:14:43	1:20:09	1:27:33	1:37:09	2:16:16	2:25:29	2:35:51	2:40:22		
		OSC Kassel		11:03	7:52	12:03	13:47	29:58	5:26	7:24	9:36	39:07	9:13	10:22	4:31		
OK (3)			1,9 km		6 P												
			1(56)	2(62)	3(35)	4(63)	5(58)	6(60)	Ziel								
1		Carlotta Haupt	18:26	1:35	3:23	7:01	10:55	15:23	17:05	18:26							
		SK Oker		1:35	1:48	3:38	3:54	4:28	1:42	1:21							
2		Monterd Melisa	28:27	1:49	4:34	12:24	20:04	23:59	26:31	28:27							
		TV Jahn Wolfsburg		1:49	2:45	7:50	7:40	3:55	2:32	1:56							
		Susanne Geiler	N Ang														
		USV Jena															

