

Pl	tnr	Name	Kat	Zeit														
Bahn 1 (12)					9,4 km				18 P									
					1(36)	2(64)	3(51)	4(65)	5(41)	6(45)	7(55)	8(66)	9(67)	10(68)	11(69)	12(70)	13(47)	14(46)
					15(52)	16(34)	17(31)	18(32)	Ziel									
1		Markus Müller	H19	1:09:58	3:47	11:07	12:05	17:13	22:40	24:17	25:17	32:21	33:45	35:24	36:05	40:20	48:04	49:58
		OSC Kassel			3:47	7:20	0:58	5:08	5:27	1:37	1:00	7:04	1:24	1:39	0:41	4:15	7:44	1:54
					57:11	1:04:53	1:07:42	1:09:19	1:09:58									
					7:13	7:42	2:49	1:37	0:39									
2		Christoph Hofmeist	H19	1:20:40	2:46	12:23	13:22	20:04	27:37	29:14	30:22	39:17	41:14	43:00	43:49	48:38	55:53	58:10
		MTK Bad Harzburg			2:46	9:37	0:59	6:42	7:33	1:37	1:08	8:55	1:57	1:46	0:49	4:49	7:15	2:17
					1:06:49	1:15:17	1:18:11	1:20:00	1:20:40									
					8:39	8:28	2:54	1:49	0:40									
3		Michael Thierolf	H19	1:21:51	3:18	12:29	13:40	19:42	26:14	28:04	29:14	38:47	40:21	42:04	42:58	48:16	55:36	57:57
		TSG Bad König			3:18	9:11	1:11	6:02	6:32	1:50	1:10	9:33	1:34	1:43	0:54	5:18	7:20	2:21
					1:06:15	1:16:04	1:19:01	1:21:07	1:21:51									
					8:18	9:49	2:57	2:06	0:44									
4		Joachim Stamer	H19	1:25:21	3:12	12:50	14:01	20:58	26:54	28:49	30:08	38:53	40:40	42:28	43:25	48:57	56:36	59:07
		MTK Bad Harzburg			3:12	9:38	1:11	6:57	5:56	1:55	1:19	8:45	1:47	1:48	0:57	5:32	7:39	2:31
					1:08:02	1:18:20	1:22:17	1:24:35	1:25:21									
					8:55	10:18	3:57	2:18	0:46									
5		Sergei Roskop	H19	1:28:39	3:23	12:05	13:14	19:23	26:02	28:05	29:11	38:18	39:41	41:51	42:44	49:10	57:16	1:00:04
		Braunschweiger MT			3:23	8:42	1:09	6:09	6:39	2:03	1:06	9:07	1:23	2:10	0:53	6:26	8:06	2:48
					1:10:25	1:21:14	1:25:06	1:27:31	1:28:39									
					10:21	10:49	3:52	2:25	1:08									
6		Thorsten Weigert	H19	1:36:14	4:24	15:52	17:19	24:06	37:00	38:15	39:27	48:29	50:12	52:15	53:04	58:17	1:06:15	1:08:52
		TV Jahn Wolfsburg			4:24	11:28	1:27	6:47	12:54	1:15	1:12	9:02	1:43	2:03	0:49	5:13	7:58	2:37
					1:17:30	1:29:15	1:32:59	1:35:25	1:36:14									
					8:38	11:45	3:44	2:26	0:49									
7		Martin Hennseler	H19	1:37:02	4:55	15:10	16:39	26:09	34:04	36:14	37:56	47:22	48:59	51:35	52:33	58:30	1:07:25	1:10:24
		MTV Seesen			4:55	10:15	1:29	9:30	7:55	2:10	1:42	9:26	1:37	2:36	0:58	5:57	8:55	2:59
					1:19:16	1:29:45	1:33:55	1:36:13	1:37:02									
					8:52	10:29	4:10	2:18	0:49									
8		Karsten Blume	H19	1:37:14	4:09	14:31	16:02	22:12	32:00	33:47	35:15	46:26	48:18	50:23	51:23	56:51	1:05:16	1:08:00
		Berliner TSC			4:09	10:22	1:31	6:10	9:48	1:47	1:28	11:11	1:52	2:05	1:00	5:28	8:25	2:44
					1:17:31	1:30:09	1:34:08	1:36:25	1:37:14									
					9:31	12:38	3:59	2:17	0:49									
9		Jörg Kleinholz-Mew	H19	1:44:20	5:19	15:41	19:03	25:19	37:04	38:45	40:16	49:07	50:58	53:16	54:20	1:00:06	1:08:37	1:11:39
		TuS Bothfeld 04			5:19	10:22	3:22	6:16	11:45	1:41	1:31	8:51	1:51	2:18	1:04	5:46	8:31	3:02
					1:24:51	1:36:31	1:40:41	1:42:57	1:44:20									
					13:12	11:40	4:10	2:16	1:23									
10		Leon Kollenbach	H19	1:47:57	4:21	14:56	16:55	26:03	35:18	37:55	39:14	54:15	56:18	58:41	59:49	1:06:28	1:15:29	1:19:17
		Ski-Club Helsa			4:21	10:35	1:59	9:08	9:15	2:37	1:19	15:01	2:03	2:23	1:08	6:39	9:01	3:48
					1:28:58	1:40:50	1:44:59	1:47:09	1:47:57									
					9:41	11:52	4:09	2:10	0:48									
11		Matti Bruns	H19	1:58:06	4:02	20:17	21:55	30:23	38:55	41:04	42:30	55:39	58:36	1:01:52	1:03:16	1:09:50	1:21:12	1:25:04
		MTK Bad Harzburg			4:02	16:15	1:38	8:28	8:32	2:09	1:26	13:09	2:57	3:16	1:24	6:34	11:22	3:52
					1:37:02	1:49:12	1:54:35	1:57:08	1:58:06									
					11:58	12:10	5:23	2:33	0:58									
		Henning Kapischke	H19	N Ang														
		OK Mark Brandenb																
Bahn 2 (19)					7,2 km				14 P									
					1(36)	2(64)	3(51)	4(65)	5(50)	6(45)	7(41)	8(47)	9(46)	10(52)	11(34)	12(31)	13(39)	14(32)
					Ziel													

Pl	tnr	Name	Kat	Zeit														
Bahn 2 (19)					7,2 km	14 P	<i>(Forts.)</i>											
					1(36) Ziel	2(64)	3(51)	4(65)	5(50)	6(45)	7(41)	8(47)	9(46)	10(52)	11(34)	12(31)	13(39)	14(32)
13		Gunnar Grote OLV Usiar	H45-	1:35:06	6:59 6:59 1:35:06 0:52	23:52 16:53	25:19 1:27 1:27:45 *62	34:27 9:08	40:15 5:48	44:33 4:18	46:15 1:42	54:19 8:04	58:15 3:56	1:09:07 10:52	1:26:06 16:59	1:31:00 4:54	1:33:22 2:22	1:34:14 0:52
14		Luis Moreton Turn-Klubb zu Han	H45-	1:38:49	6:06 6:06 1:38:49 1:23	21:44 15:38	23:27 1:43 44:51 *55	33:31 10:04	39:45 6:14	----- -----	----- -----	49:51 10:06	54:39 4:48	1:10:10 15:31	1:28:15 18:05	1:33:56 5:41	1:36:29 2:33	1:37:26 0:57
15		Stephan Schliebene OLV Usiar	H45-	1:39:29	5:58 5:58 1:39:29 0:59	22:29 16:31	24:49 2:20	35:27 10:38	41:17 5:50	46:49 5:32	48:21 1:32	56:16 7:55	1:00:35 4:19	1:13:29 12:54	1:30:06 16:37	1:35:29 5:23	1:37:38 2:09	1:38:30 0:52
16		Rochus Souan SV Hildesia Diekhol	H45-	1:43:49	6:32 6:32 1:43:49 1:19	21:26 14:54	23:42 2:16	33:04 9:22	38:36 5:32	43:30 4:54	45:23 1:53	54:34 9:11	58:08 3:34	1:15:17 17:09	1:33:00 17:43	1:38:47 5:47	1:41:12 2:25	1:42:30 1:18
17		Sven Buchholz MTK Bad Harzburg	H45-	1:45:53	6:14 6:14 1:45:53 0:56	20:02 13:48	23:15 3:13	35:18 12:03	44:00 8:42	50:23 6:23	51:59 1:36	1:00:08 8:09	1:03:42 3:34	1:20:37 16:55	1:35:11 14:34	1:39:36 4:25	1:43:36 4:00	1:44:57 1:21
		Marcel Frank SV Hildesia Diekhol	H45-	Aufg	5:09 5:09 1:27:40 1:06	31:12 26:03	33:28 2:16	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	1:16:58 43:30	1:22:43 5:45	1:25:16 2:33	1:26:34 1:18
		Alfonso Cuesta Her TV Jahn Wolfsburg	H45-	Aufg	14:17 14:17 2:30:34 30:06	31:04 16:47	33:40 2:36	56:23 22:43	1:12:06 15:43	1:34:16 22:10	1:36:38 2:22	1:49:21 12:43	2:00:28 11:07	----- -----	----- -----	----- -----	----- -----	----- -----
Bahn 3 (20)					6,7 km	13 P												
					1(54)	2(36)	3(64)	4(51)	5(65)	6(50)	7(55)	8(47)	9(46)	10(52)	11(34)	12(31)	13(32)	Ziel
1		Aaron Wandelt MTV Seesen	H-18	57:09	2:06 2:06	3:22 1:16	12:01 8:39	13:18 1:17	20:01 6:43	25:02 5:01	27:30 2:28	30:25 2:55	32:53 2:28	41:48 8:55	51:10 9:22	54:18 3:08	56:27 2:09	57:09 0:42
2		Birte Friedrichs MTV Seesen	D19	57:56	2:22 2:22	3:25 1:03	13:57 10:32	15:12 1:15	22:08 6:56	26:04 3:56	28:44 2:40	31:30 2:46	34:04 2:34	42:30 8:26	52:29 9:59	55:20 2:51	57:17 1:57	57:56 0:39
3		Tom Buchholz MTK Bad Harzburg	H-18	59:53	2:43 2:43	4:08 1:25	15:00 10:52	17:03 2:03	24:53 7:50	28:57 4:04	31:22 2:25	34:20 2:58	36:28 2:08	43:54 7:26	54:06 10:12	57:17 3:11	59:09 1:52	59:53 0:44
4		Ann-Charlotte Span TG 1860 Münden	D19	1:02:55	2:52 2:52	4:03 1:11	14:06 10:03	15:22 1:16	22:16 6:54	27:21 5:05	30:11 2:50	33:32 3:21	36:22 2:50	45:02 8:40	55:55 10:53	59:54 3:59	1:02:10 2:16	1:02:55 0:45
5		Theo Hennseler MTV Seesen	H-18	1:06:56	2:22 2:22	3:33 1:11	14:51 11:18	16:21 1:30	23:18 6:57	28:59 5:41	31:58 2:59	35:31 3:33	38:44 3:13	49:56 11:12	1:01:01 11:05	1:04:15 3:14	1:06:12 1:57	1:06:56 0:44
6		Nina Döllgast MTV Seesen	D19	1:07:20	2:55 2:55	4:36 1:41	15:35 10:59	16:57 1:22	24:08 7:11	28:06 3:58	31:05 2:59	34:48 3:43	37:43 2:55	48:16 10:33	59:49 11:33	1:04:01 4:12	1:06:31 2:30	1:07:20 0:49
7		Till Buchberger MTV Seesen	H-18	1:07:21	3:09 3:09	4:20 1:11	15:18 10:58	16:58 1:40	24:44 7:46	29:56 5:12	32:24 2:28	35:52 3:28	38:08 2:16	50:02 11:54	1:00:37 10:35	1:04:13 3:36	1:06:25 2:12	1:07:21 0:56

Pl	tnr	Name	Kat	Zeit														Ziel
Bahn 3 (20)				6,7 km	13 P	<i>(Forts.)</i>												
					1(54)	2(36)	3(64)	4(51)	5(65)	6(50)	7(55)	8(47)	9(46)	10(52)	11(34)	12(31)	13(32)	
8	Jussi Bruns MTK Bad Harzburg	H-18	1:10:56	2:12 2:12	3:18 1:06	14:46 11:28	16:18 1:32	24:25 8:07	28:56 4:31	32:19 3:23	36:38 4:19	39:45 3:07	50:52 11:07	1:03:03 12:11	1:07:15 4:12	1:10:03 2:48	1:10:56 0:53	
9	Pia Buchholz MTK Bad Harzburg	D19	1:17:49	3:09 3:09	4:30 1:21	19:00 14:30	20:34 1:34	30:19 9:45	35:09 4:50	38:37 3:28	42:36 3:59	45:57 3:21	56:31 10:34	1:09:12 12:41	1:13:44 4:32	1:16:40 2:56	1:17:49 1:09	
10	Uliana Tomarovskay Turn-Klubb zu Han	D19	1:20:42	2:52 2:52	4:27 1:35	20:52 16:25	23:08 2:16	31:03 7:55	35:52 4:49	39:04 3:12	43:00 3:56	46:01 3:01	58:45 12:44	1:11:58 13:13	1:16:31 4:33	1:19:33 3:02	1:20:42 1:09	
11	Lion Bernsdorf MTV Seesen	H-18	1:25:55	3:46 3:46	5:57 2:11	18:07 12:10	20:24 2:17	30:57 10:33	38:10 7:13	41:15 3:05	44:58 3:43	48:28 3:30	1:00:41 12:13	1:16:22 15:41	1:21:27 5:05	1:24:34 3:07	1:25:55 1:21	
12	Marco Urzua Wöhre TV Jahn Wolfsburg	H-18	1:26:17	3:52 3:52	5:45 1:53	18:39 12:54	21:23 2:44	31:26 10:03	36:50 5:24	40:45 3:55	45:39 4:54	48:44 3:05	1:04:45 16:01	1:17:43 12:58	1:22:19 4:36	1:25:08 2:49	1:26:17 1:09	
13	Esther Stamer MTK Bad Harzburg	D19	1:31:25	4:32 4:32	6:08 1:36	27:15 21:07	29:23 2:08	37:48 8:25	45:37 7:49	49:18 3:41	53:44 4:26	57:20 3:36	1:09:02 11:42	1:22:35 13:33	1:27:22 4:47	1:30:19 2:57	1:31:25 1:06	
14	Bennet Grote OLV Uslar	H-18	1:32:02	6:00 6:00	9:00 3:00	23:06 14:06	25:10 2:04	34:22 9:12	39:52 5:30	44:01 4:09	48:39 4:38	53:02 4:23	1:05:51 12:49	1:21:03 15:12	1:26:25 5:22	1:29:19 2:54	1:32:02 2:43	
15	Uta Hillebrand Turn-Klubb zu Han	D19	1:33:38	3:27 3:27	6:04 2:37	19:55 13:51	23:10 3:15	32:40 9:30	38:46 6:06	42:26 3:40	50:16 7:50	54:22 4:06	1:06:16 11:54	1:23:40 17:24	1:28:57 5:17	1:32:40 3:43	1:33:38 0:58	
16	Katharina Wilke SV Schorfheide	D19	1:34:11	8:29 8:29	11:18 2:49	24:58 13:40	28:44 3:46	37:45 9:01	43:53 6:08	48:05 4:12	52:57 4:52	56:39 3:42	1:09:29 12:50	1:23:25 13:56	1:28:55 5:30	1:32:17 3:22	1:34:11 1:54	
17	Katharina Linke MTV Seesen	D19	2:06:20	7:19 7:19	8:50 1:31	42:03 33:13	44:19 2:16	56:14 11:55	1:00:51 4:37	1:06:04 5:13	1:13:57 7:53	1:17:12 3:15	1:28:50 11:38	1:55:13 26:23	2:00:40 5:27	2:05:35 4:55	2:06:20 0:45	
18	Dorothea Kirves TG 1860 Münden	D19	2:10:41	4:57 4:57	7:23 2:26	25:49 18:26	28:39 2:50	39:20 10:41	48:31 9:11	54:48 6:17	1:04:59 10:11	1:10:17 5:18	1:32:14 21:57	1:54:37 22:23	2:03:05 8:28	2:08:58 5:53	2:10:41 1:43	
19	Inigo Cuesta Monte TV Jahn Wolfsburg	H-18	2:48:54	13:44 13:44	17:17 3:33	35:49 18:32	38:40 2:51	56:35 17:55	1:06:58 10:23	1:17:22 10:24	1:33:23 16:01	1:37:48 4:25	2:00:16 22:28	2:29:27 29:11	2:40:27 11:00	2:45:55 5:28	2:48:54 2:59	
	Julia Gierlach SV Schorfheide	D19	Aufg	6:20 6:20	9:23 3:03	41:08 31:45	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	50:15 9:07	1:19:45 29:30	1:29:34 9:49	1:35:44 6:10	1:38:42 2:58	
Bahn 4 (10)				5,6 km	14 P													
					1(54) Ziel	2(38)	3(53)	4(64)	5(51)	6(44)	7(52)	8(48)	9(49)	10(33)	11(37)	12(31)	13(39)	14(32)
1	Lina Buchberger MTV Seesen	D-18	52:41	3:25 3:25	7:13 3:48	11:19 4:06	15:39 4:20	17:11 1:32	23:06 5:55	27:07 4:01	34:52 7:45	36:10 1:18	38:31 2:21	41:18 2:47	49:38 8:20	51:19 1:41	51:56 0:37	
2	Anna Castilho Marc SV Hildesia Diekhol	D-18	1:05:29	3:15 3:15	7:31 4:16	11:33 4:02	17:40 6:07	19:09 1:29	23:56 4:47	28:24 4:28	39:39 11:15	41:00 1:21	44:01 3:01	47:28 3:27	1:00:31 13:03	1:03:22 2:51	1:04:15 0:53	
3	Carolin Bernsdorf MTV Seesen	D-18	1:16:24	4:11 4:11	8:26 4:15	13:50 5:24	19:56 6:06	21:56 2:00	30:52 8:56	37:14 6:22	50:13 12:59	51:50 1:37	56:28 4:38	59:51 3:23	1:12:02 12:11	1:14:15 2:13	1:15:10 0:55	

Pl	tnr	Name	Kat	Zeit																
Bahn 4 (10)					5,6 km	14 P	<i>(Forts.)</i>													
					1(54) Ziel	2(38)	3(53)	4(64)	5(51)	6(44)	7(52)	8(48)	9(49)	10(33)	11(37)	12(31)	13(39)	14(32)		
4		Ronald Brachmann SV Wissenschaft Qu	OL	1:20:41	3:05 9:14 15:17 22:46 25:07 30:42 36:19 46:34 48:57 53:27 1:00:43 1:12:19 1:18:25 1:19:29	6:09	6:03	7:29	2:21	5:35	5:37	10:15	2:23	4:30	7:16	11:36	6:06	1:04		
5		Tinka Kankaanpää Bovender SV	D-18	1:24:11	3:34 12:14 18:28 28:29 30:33 40:01 45:58 59:42 1:01:25 1:04:00 1:07:52 1:20:37 1:22:29 1:23:18	8:40	6:14	10:01	2:04	9:28	5:57	13:44	1:43	2:35	3:52	12:45	1:52	0:49		
6		Lena-Maria Klose MTV Seesen	D-18	1:24:29	4:28 13:59 21:49 28:05 30:02 39:15 45:18 58:34 1:01:09 1:04:43 1:08:19 1:20:09 1:22:19 1:23:14	9:31	7:50	6:16	1:57	9:13	6:03	13:16	2:35	3:34	3:36	11:50	2:10	0:55		
7		Lilly Hintz MTV Seesen	D-18	1:31:33	4:35 12:24 17:44 23:59 26:04 35:15 41:12 57:23 59:03 1:05:08 1:09:40 1:24:25 1:28:38 1:29:56	7:49	5:20	6:15	2:05	9:11	5:57	16:11	1:40	6:05	4:32	14:45	4:13	1:18		
8		Jannik Richter Turn-Klubb zu Han	OL	1:33:58	5:37 12:29 18:45 28:27 31:40 41:01 50:53 1:02:21 1:05:43 1:10:03 1:14:29 1:27:39 1:31:14 1:32:32	6:52	6:16	9:42	3:13	9:21	9:52	11:28	3:22	4:20	4:26	13:10	3:35	1:18		
9		Thomas Görtelmeye MTK Bad Harzburg	OL	1:58:46	10:36 19:15 26:19 39:57 43:34 54:08 1:03:32 1:22:02 1:25:13 1:30:22 1:35:36 1:51:16 1:54:46 1:56:43	8:39	7:04	13:38	3:37	10:34	9:24	18:30	3:11	5:09	5:14	15:40	3:30	1:57		
10		Louisa Kollenbach Ski-Club Helsa	D-18	2:06:26	5:44 13:16 21:44 32:42 35:49 45:56 55:37 1:12:52 1:15:58 1:21:46 1:28:21 1:59:28 2:03:08 2:04:45	7:32	8:28	10:58	3:07	10:07	9:41	17:15	3:06	5:48	6:35	31:07	3:40	1:37		
Bahn 5 (20)					4,1 km	11 P														
					1(36)	2(38)	3(42)	4(40)	5(48)	6(49)	7(33)	8(37)	9(43)	10(31)	11(39)	Ziel				
1		Anke von Gaza OLV Uslar	D45-	39:10	4:27 7:31 11:13 15:55 17:51 19:13 21:47 25:02 34:08 35:52 37:45 39:10	3:04	3:42	4:42	1:56	1:22	2:34	3:15	9:06	1:44	1:53	1:25				
2		Heidrun Finke OLV Uslar	D45-	49:01	5:50 9:28 14:10 19:42 22:00 24:07 27:09 31:14 42:15 44:27 47:03 49:01	3:38	4:42	5:32	2:18	2:07	3:02	4:05	11:01	2:12	2:36	1:58				
3		Sandra Wöhrer TV Jahn Wolfsburg	D45-	49:51	6:12 10:09 14:54 20:40 23:14 25:13 28:12 32:07 43:05 45:22 47:57 49:51	6:12	3:57	4:45	5:46	2:34	1:59	2:59	3:55	10:58	2:17	2:35	1:54			
4		Helmut Conrad USV TU Dresden	H65-	50:12	5:44 9:13 14:33 20:15 22:39 25:10 28:29 31:59 43:45 45:55 48:17 50:12	3:29	5:20	5:42	2:24	2:31	3:19	3:30	11:46	2:10	2:22	1:55				
5		Ulrike Korff SC Achmer	D45-	53:53	8:31 12:25 17:14 24:56 27:00 29:08 32:08 35:59 46:39 49:06 51:48 53:53	8:31	3:54	4:49	7:42	2:04	2:08	3:00	3:51	10:40	2:27	2:42	2:05			
6		Bernd Höfner OLV Uslar	H65-	53:58	5:44 9:07 14:33 20:31 22:53 24:52 28:30 32:31 46:44 48:46 51:42 53:58	3:23	5:26	5:58	2:22	1:59	3:38	4:01	14:13	2:02	2:56	2:16				
7		Siegfried May RSV Hannover	H65-	58:01	6:55 11:12 16:57 23:00 25:34 27:53 32:33 36:21 51:45 53:43 56:11 58:01	4:17	5:45	6:03	2:34	2:19	4:40	3:48	15:24	1:58	2:28	1:50				
8		Tanja Buchholz MTK Bad Harzburg	D45-	59:19	7:28 11:29 16:42 23:04 25:59 28:20 32:05 36:21 51:22 54:18 57:11 59:19	4:01	5:13	6:22	2:55	2:21	3:45	4:16	15:01	2:56	2:53	2:08	49:47	*62		
9		Claudia Weigert TV Jahn Wolfsburg	D45-	1:04:21	6:45 11:19 17:38 26:15 29:53 32:34 35:46 40:10 56:02 58:50 1:02:06 1:04:21	6:45	4:34	6:19	8:37	3:38	2:41	3:12	4:24	15:52	2:48	3:16	2:15			
10		Katja Eckel OLV Uslar	D45-	1:07:52	13:42 20:40 26:17 32:43 35:04 38:41 43:12 47:37 1:00:54 1:03:33 1:06:14 1:07:52	13:42	6:58	5:37	6:26	2:21	3:37	4:31	4:25	13:17	2:39	2:41	1:38			

Pl	tnr	Name	Kat	Zeit												
Bahn 5 (20)					4,1 km		11 P									
					<i>(Forts.)</i>											
					1(36)	2(38)	3(42)	4(40)	5(48)	6(49)	7(33)	8(37)	9(43)	10(31)	11(39)	Ziel
11		Karl-Heinz Seefeld OLV Uslar	H65-	1:09:00	9:08	13:12	19:14	27:28	30:59	34:47	39:43	44:31	59:45	1:02:48	1:06:18	1:09:00
12		Katja Tiitinen OLV Uslar	D45-	1:11:31	9:08	4:04	6:02	8:14	3:31	3:48	4:56	4:48	15:14	3:03	3:30	2:42
13		Ferdinand Hanses TuS Bramsche	H65-	1:12:23	13:26	17:23	24:00	35:48	38:10	41:57	46:16	50:31	1:01:10	1:07:45	1:09:40	1:11:31
14		Petra Speh-Rothaug OSC Kassel	D45-	1:13:58	9:30	13:47	19:01	32:02	34:46	36:50	40:00	44:19	59:26	1:07:53	1:10:23	1:12:23
15		Detlev Friedrichs MTV Seesen	H65-	1:15:16	9:30	4:17	5:14	13:01	2:44	2:04	3:10	4:19	15:07	8:27	2:30	2:00
16		Iris Hennseler MTV Seesen	D45-	1:15:21	8:01	12:02	19:02	26:37	29:54	32:49	36:45	49:24	1:04:40	1:07:30	1:11:14	1:13:58
17		Brigitte Dersch-Koll Ski-Club Helsa	D45-	1:21:21	8:01	4:01	7:00	7:35	3:17	2:55	3:56	12:39	15:16	2:50	3:44	2:44
18		Regine Klander-Str SV Hildesia Diekhol	D45-	1:22:43	11:15	17:42	25:36	35:08	38:47	41:48	47:08	52:29	1:11:23	1:14:42	1:18:23	1:21:21
19		Bernd Wollenberg SV Schorheide	H65-	1:24:07	11:15	6:27	7:54	9:32	3:39	3:01	5:20	5:21	18:54	3:19	3:41	2:58
20		Martin sen. Gertenb OSC Kassel	H65-	2:40:22	14:30	22:30	29:35	39:39	42:43	46:56	51:17	55:53	1:14:08	1:17:01	1:20:04	1:22:43
					14:30	8:00	7:05	10:04	3:04	4:13	4:21	4:36	18:15	2:53	3:03	2:39
					9:06	14:40	23:22	32:35	36:20	40:19	46:05	52:24	1:12:14	1:15:44	1:20:01	1:24:07
					9:06	5:34	8:42	9:13	3:45	3:59	5:46	6:19	19:50	3:30	4:17	4:06
					11:03	18:55	30:58	44:45	1:14:43	1:20:09	1:27:33	1:37:09	2:16:16	2:25:29	2:35:51	2:40:22
					11:03	7:52	12:03	13:47	29:58	5:26	7:24	9:36	39:07	9:13	10:22	4:31

Bahn 6 (13)					3,6 km		9 P								
					1(43)	2(38)	3(42)	4(37)	5(49)	6(48)	7(40)	8(31)	9(39)	Ziel	
1		Erik Urzua Wöhrer TV Jahn Wolfsburg	H-14	37:57	1:47	6:13	10:34	14:28	18:59	22:00	24:38	33:52	36:10	37:57	
2		Johannes Eckel OLV Uslar	H-14	40:01	1:47	4:26	4:21	3:54	4:31	3:01	2:38	9:14	2:18	1:47	
3		Rut Stark MTV Seesen	D-14	40:37	3:46	8:15	12:38	16:32	21:06	23:29	26:34	35:54	38:14	40:01	
4		Karla Breckle Bovender SV	D-14	40:55	3:46	4:29	4:23	3:54	4:34	2:23	3:05	9:20	2:20	1:47	
5		Anna Weigert TV Jahn Wolfsburg	D-14	41:24	1:46	6:47	12:22	16:53	21:17	23:35	26:48	35:40	38:51	40:37	
6		Jule Weigert TV Jahn Wolfsburg	D-14	42:48	1:46	5:01	5:35	4:31	4:24	2:18	3:13	8:52	3:11	1:46	
7		Till Raake MTV Seesen	H-14	43:19	3:16	8:17	12:43	16:51	22:17	25:19	27:35	36:51	39:21	40:55	
8		Sven-Guido Schulz TV Jahn Wolfsburg	H-14	44:40	3:16	5:01	4:26	4:08	5:26	3:02	2:16	9:16	2:30	1:34	
9		Lucia Stolze Bovender SV	D-14	44:49	2:05	7:24	11:36	16:44	21:41	23:51	26:18	37:02	39:52	41:24	
10		Felix Salau MTV Seesen	H-14	47:06	2:05	5:19	4:12	5:08	4:57	2:10	2:27	10:44	2:50	1:32	
11		Maren Strauß SV Hildesia Diekhol	D-14	47:55	2:02	7:13	12:42	18:07	24:19	26:54	29:30	38:42	41:21	42:48	
12		kein Verein Charlotta Haupt	D-14	50:16	2:02	5:11	5:29	5:25	6:12	2:35	2:36	9:12	2:39	1:27	
13		SK Oker	D-14	1:01:32	2:04	8:49	12:59	18:17	22:33	24:45	26:51	38:54	41:16	43:19	
					2:04	6:45	4:10	5:18	4:16	2:12	2:06	12:03	2:22	2:03	
					1:51	8:57	13:19	17:22	22:30	24:18	29:12	38:48	42:48	44:40	
					1:51	7:06	4:22	4:03	5:08	1:48	4:54	9:36	4:00	1:52	
					2:32	9:14	14:42	20:09	26:21	29:21	31:37	40:53	43:25	44:49	
					2:32	6:42	5:28	5:27	6:12	3:00	2:16	9:16	2:32	1:24	
					2:32	7:37	12:52	18:24	24:11	26:57	29:55	42:31	45:07	47:06	
					2:32	5:05	5:15	5:32	5:47	2:46	2:58	12:36	2:36	1:59	
					2:07	6:54	13:04	17:34	23:52	26:09	29:08	43:42	46:06	47:55	
					2:07	4:47	6:10	4:30	6:18	2:17	2:59	14:34	2:24	1:49	
					3:14	8:41	15:23	20:52	26:42	30:23	33:38	44:19	47:21	50:16	
					3:14	5:27	6:42	5:29	5:50	3:41	3:15	10:41	3:02	2:55	
					3:15	10:04	17:56	24:46	32:01	36:48	41:33	53:52	58:37	1:01:32	
					3:15	6:49	7:52	6:50	7:15	4:47	4:45	12:19	4:45	2:55	

