

Pl	tnr	Name	Kat	Zeit														
Bahn 1 (8)					6,0 km 115 Hm 19 P													
					1(71) 15(84)	2(72) 16(85)	3(73) 17(83)	4(74) 18(86)	5(75) 19(100)	6(76) Ziel	7(77)	8(78)	9(79)	10(80)	11(76)	12(81)	13(82)	
1		Ole Hennseler MTV Seesen	H21	34:04	2:07 2:07 25:48 1:05	3:43 1:36 27:18 1:30	6:39 2:56 28:50 1:32	8:36 1:57 30:22 1:32	9:29 0:53 33:46 3:24	11:40 2:11 34:04 0:18	13:07 1:27	15:25 2:18 1:38 *88	16:49 1:24	17:32 0:43	18:26 0:54	19:59 1:33	22:23 2:24	
2		Christoph Hofmeist MTK Bad Harzburg	H21	39:40	2:07 1:21 1:58	3:43 1:38 1:35	7:28 1:46 3:55	9:18 2:08 1:50	10:20 4:52 1:02	12:51 39:40 2:31	14:22 1:31	16:48 2:26	18:38 1:50	19:32 0:54	20:32 1:00	22:06 1:34	24:37 2:31	
3		Markus Müller OSC Kassel	H21	40:45	1:21 1:58	3:54 1:56	7:27 3:33	9:18 1:51	10:14 0:56	13:01 2:47	14:39 1:38	17:27 2:48	19:39 2:12	20:36 0:57	21:46 1:10	23:45 1:59	26:37 2:52	
4		Jan Schliebener OLV Uslar	H21	44:19	1:20 2:48 2:48 34:17	1:39 5:04 2:16 36:20	1:51 8:59 3:55 38:15	2:21 11:03 2:04 40:03	3:31 12:36 1:33 43:44	0:33 15:41 3:05 44:19	17:32 2:08	20:28 2:41	22:41 2:13	23:39 0:58	24:39 1:00	26:28 1:49	29:37 3:09	
5		Felix Drese OLV Uslar	H20	1:03:25	1:34 3:03 3:03 48:40	2:03 5:09 2:06 51:22	1:55 12:47 7:38 54:31	1:48 15:32 2:45 57:55	1:48 18:02 2:30 1:02:54	0:35 22:10 4:08 1:03:25	24:49 2:39	28:21 3:32	30:58 2:37	32:20 1:22	33:57 1:37	36:36 2:39	41:11 4:35	
6		Wilf Holloway Nörten-Hardenberg	H21	1:30:09	2:11 7:54 7:54 1:11:14	2:42 12:32 4:38 1:14:57	3:09 25:03 12:31 1:18:10	3:24 29:17 4:14 1:21:33	4:59 31:12 1:55 1:29:16	0:31 36:26 5:14 1:30:09	41:00 4:34	45:37 4:37	50:04 4:27	52:07 2:03	55:09 3:02	58:48 3:39	1:03:08 4:20	
7		Max Kempe OLV Uslar	H20	1:39:13	2:35 6:12 6:12 1:21:39	3:43 11:42 5:30 1:26:00	3:13 23:09 11:27 1:29:06	3:23 31:28 8:19 1:31:59	7:43 36:41 5:13 1:38:29	0:53 42:53 6:12 1:39:13	47:00 4:07	52:42 5:42	55:11 2:29	56:46 1:35	59:53 3:07	1:05:29 5:36	1:11:20 5:51	
8		Jannik Richter Hochschulsport Ha	H21	2:01:25	2:16 5:48 5:48 1:36:08	4:21 12:49 7:01 1:40:35	3:06 21:47 8:58 1:44:12	2:53 29:36 7:49 1:47:57	6:30 33:41 4:05 2:00:09	0:44 47:08 13:27 2:01:25	57:46 10:38	1:04:33 6:47	1:09:10 4:37	1:10:57 1:47	1:14:00 3:03	1:21:20 7:20	1:28:22 7:02	
					2:11 4:27	3:37	3:45	12:12	1:16									
Bahn 2 (19)					5,0 km 85 Hm 14 P													
					1(88) Ziel	2(89)	3(73)	4(82)	5(81)	6(77)	7(78)	8(79)	9(80)	10(76)	11(75)	12(85)	13(86)	
1		Rolf Breckle Bovender SV	H45	35:06	2:07 2:07 35:06	4:56 2:49	8:06 3:10	10:20 2:14	13:46 3:26	15:30 1:44	18:26 2:56	20:05 1:39	21:12 1:07	22:12 1:00	25:51 3:39	27:56 2:05	31:13 3:17	
2		Birte Friedrichs MTV Seesen	D19	35:46	2:05 2:05 35:46	4:36 2:31	7:57 3:21	10:12 2:15	13:43 3:31	15:35 1:52	18:21 2:46	20:27 2:06	21:32 1:05	22:50 1:18	26:18 3:28	28:57 2:39	31:55 2:58	
3		Theo Hennseler MTV Seesen	H16	37:16	0:30 37:16	5:23 1:51	8:35 3:32	11:10 3:12	14:31 3:21	16:35 2:04	19:28 2:53	21:18 1:50	22:24 1:06	23:59 1:35	27:12 3:13	29:42 2:30	33:37 3:55	
4		Martin Hennseler MTV Seesen	H45	39:40	2:34 2:34 39:40	6:07 3:33	9:17 3:10	11:39 2:22	15:40 4:01	17:46 2:06	20:44 2:58	22:42 1:58	23:52 1:10	25:28 1:36	28:45 3:17	31:15 2:30	34:16 3:01	
5		Theresia Meißner MTV Seesen	D19	39:52	0:30 2:11 39:52	5:44 3:33	8:56 3:12	11:14 2:18	17:55 6:41	19:35 1:40	22:18 2:43	24:11 1:53	25:22 1:11	26:48 1:26	30:09 3:21	32:51 2:42	35:43 2:52	
6		Nina Döllgast MTK Bad Harzburg	D19	41:39	0:26 2:26 41:39	5:32 3:06	8:59 3:27	11:27 2:28	15:47 4:20	17:56 2:09	20:55 2:59	23:14 2:19	24:24 1:10	25:48 1:24	29:51 4:03	32:29 2:38	35:42 3:13	
7		Aaron Wandelt MTV Seesen	H16	41:50	0:32 2:15 41:50	5:29 3:14	9:44 4:15	12:10 2:26	15:55 3:45	18:12 2:17	21:28 3:16	23:30 2:02	24:43 1:13	26:31 1:48	31:01 4:30	33:55 2:54	37:20 3:25	
8		Dirk Strauß SV Hildesia Diekhol	H45	45:23	0:36 2:51 45:23	7:13 4:22	10:47 3:34	13:30 2:43	17:11 3:41	19:49 2:38	23:22 3:33	25:25 2:03	26:35 1:10	28:21 1:46	32:27 4:06	35:34 3:07	39:14 3:40	
9		Gunnar Grote OLV Uslar	H45	49:35	0:40 2:36 49:35	6:58 4:22	10:32 3:34	13:05 2:33	18:29 5:24	20:50 2:21	24:23 3:33	29:55 5:32	31:11 1:16	32:38 1:27	37:38 5:00	40:43 3:05	44:12 3:29	
10		Stephan Schliebene OLV Uslar	H45	52:27	0:30 3:09 52:27	6:57 3:48	11:19 4:22	14:36 3:17	19:48 5:12	22:28 2:40	26:08 3:40	28:59 2:51	30:31 1:32	32:13 1:42	37:08 4:55	40:32 3:24	44:28 3:56	

Pl	tnr	Name	Kat	Zeit													
Bahn 2 (19)					5,0 km 85 Hm		14 P		<i>(Forts.)</i>								
					1(88) Ziel	2(89)	3(73)	4(82)	5(81)	6(77)	7(78)	8(79)	9(80)	10(76)	11(75)	12(85)	13(86)
11		Christoph Napp Braunschweiger MT	H45	54:04	2:39 2:39 54:04 0:45	6:47 4:08	11:18 4:31	14:31 3:13	20:07 5:36	22:57 2:50	27:24 4:27	30:17 2:53	32:17 2:00	34:19 2:02	39:27 5:08	43:13 3:46	47:48 4:35
12		Antje Enoch Turn-Klubb zu Han	D19	55:49	3:04 3:04 55:49 0:40	6:51 3:47	11:38 4:47	15:19 3:41	21:24 6:05	24:17 2:53	28:53 4:36	32:15 3:22	33:51 1:36	36:03 2:12	41:31 5:28	44:53 3:22	49:09 4:16
13		Sven Buchholz MTK Bad Harzburg	H45	56:28	2:39 2:39 56:28 0:28	7:39 5:00	12:07 4:28	15:20 3:13	21:20 6:00	24:58 3:38	29:57 4:59	32:37 2:40	34:04 1:27	36:23 2:19	40:59 4:36	45:31 4:32	50:10 4:39
14		Uta Hillebrand Turn-Klubb zu Han	D19	57:17	2:31 2:31 57:17 0:35	8:55 6:24	12:21 3:26	16:07 3:46	21:15 5:08	24:21 3:06	27:48 3:27	31:25 3:37	32:37 1:12	34:31 1:54	40:48 6:17	46:29 5:41	50:27 3:58
15		Annika Strauß SV Hildesia Diekhof	D19	1:00:21	3:27 3:27 1:00:21 0:40	10:12 6:45	15:24 5:12	19:23 3:59	25:30 6:07	28:39 3:09	33:49 5:10	36:54 3:05	38:30 1:36	40:28 1:58	46:46 6:18	50:51 4:05	54:40 3:49
16		Karen Much OLV Uslar	D19	1:00:27	2:38 2:38 1:00:27 0:43	7:13 4:35	15:26 8:13	19:11 3:45	24:16 5:05	27:26 3:10	31:00 3:34	34:23 3:23	35:45 1:22	37:48 2:03	43:54 6:06	49:27 5:33	53:43 4:16
		Lion Bernsdorf MTV Seesen	H16	Fehlst	2:54 2:54 1:13:45 5:14	15:39 12:45	20:44 5:05	24:10 3:26	39:06 14:56	41:52 2:46	46:46 4:54	49:10 2:24	50:37 1:27	52:46 2:09	1:00:06 7:20	1:04:19 4:13	1:08:31 4:12
		Tom Buchholz MTK Bad Harzburg	H16	N Ang													
		Matti Bruns MTK Bad Harzburg	H18	N Ang													
Bahn 3 (10)					4,5 km 85 Hm		12 P										
					1(90)	2(91)	3(73)	4(74)	5(76)	6(80)	7(78)	8(77)	9(75)	10(85)	11(86)	12(100)	Ziel
1		Henning Bruns MTK Bad Harzburg	H55	36:58	2:24 2:24 2:10 *88	5:52 3:28	8:36 2:44	10:56 2:20	14:30 3:34	16:13 1:43	17:55 1:42	20:51 2:56	25:17 4:26	28:13 2:56	31:38 3:25	36:22 4:44	36:58 0:36
2		Horst von Gaza OLV Uslar	H55	38:31	4:24 4:24 3:10 2:36	7:34 3:10	10:10 2:36	12:27 2:17	16:07 3:40	17:41 1:34	19:19 1:38	22:21 3:02	27:24 5:03	30:03 2:39	33:06 3:03	37:52 4:46	38:31 0:39
3		Meike Hennseler MTV Seesen	D18	43:58	3:32 3:32 4:50 3:53	8:22 4:50	12:15 3:53	14:51 2:36	19:26 4:35	21:02 1:36	22:56 1:54	26:00 3:04	31:27 5:27	35:16 3:49	38:59 3:43	43:25 4:26	43:58 0:33
4		Pia Buchholz MTK Bad Harzburg	D18	50:03	3:39 3:39 2:27 *88	10:44 7:05	14:41 3:57	19:22 4:41	25:23 6:01	27:06 1:43	28:58 1:52	32:01 3:03	37:29 5:28	41:09 3:40	45:01 3:52	49:27 4:26	50:03 0:36
5		Nadine Enoch Turn-Klubb zu Han	D35	50:38	3:53 3:53 4:42 6:16	8:35 4:42	14:51 6:16	17:48 2:57	22:47 4:59	25:08 2:21	27:10 2:02	30:40 3:30	36:24 5:44	40:17 3:53	44:40 4:23	49:59 5:19	50:38 0:39
6		Rochus Souan SV Hildesia Diekhof	H55	50:45	4:13 4:13 5:44 3:42	9:57 5:44	13:39 3:42	16:51 3:12	21:32 4:41	23:38 2:06	25:52 2:14	30:22 4:30	36:07 5:45	40:12 4:05	44:45 4:33	49:53 5:08	50:45 0:52
7		Bernd Höfner OLV Uslar	H55	53:57	5:35 5:35 5:46 5:09	11:21 5:46	16:30 5:09	19:32 3:02	23:53 4:21	25:45 1:52	27:43 1:58	31:20 3:37	38:25 7:05	43:45 5:20	47:15 3:30	53:16 6:01	53:57 0:41
8		Renée Schwartz SSV Langenhagen	D35	58:01	5:57 5:57 9:36 *86	15:16 9:19	18:58 3:42	22:09 3:11	27:35 5:26	30:12 2:37	32:35 2:23	36:20 3:45	42:33 6:13	46:03 3:30	50:13 4:10	57:08 6:55	58:01 0:53
9		Uwe Bokemüller Old + New	H55	1:42:08	6:15 6:15 8:10 5:48	14:25 8:10	20:13 5:48	34:11 13:58	43:00 8:49	47:35 4:35	51:27 3:52	59:17 7:50	1:14:42 15:25	1:22:59 8:17	1:30:20 7:21	1:38:56 8:36	1:42:08 3:12
		Nina Pelz Old + New	D18	Fehlst	21:42 21:42 11:37 11:58	33:19 11:37	45:17 11:58	54:08 8:51	1:07:53 13:45	1:13:15 5:22	1:18:29 5:14	1:25:11 6:42	1:36:17 11:06	1:47:17 11:00	1:58:00 10:43	-----	2:08:23 10:23
Bahn 4 (16)					3,9 km 70 Hm		11 P										
					1(92)	2(72)	3(91)	4(84)	5(85)	6(75)	7(81)	8(82)	9(73)	10(86)	11(100)	Ziel	
1		Anke von Gaza OLV Uslar	D45	30:24	2:12 2:12 2:34 2:03	4:46 2:34	6:49 2:03	8:45 1:56	10:57 2:12	13:59 3:02	15:55 1:56	19:11 3:16	22:40 3:29	25:55 3:15	29:42 3:47	30:24 0:42	
2		Heidrun Finke OLV Uslar	D55	33:53	2:30 2:30 2:41 2:20	5:11 2:41	7:31 2:20	9:58 2:27	12:08 2:10	15:46 3:38	17:54 2:08	21:09 3:15	24:28 3:19	27:33 3:05	33:09 5:36	33:53 0:44	
3		Reinhard In der Str Osnabrücker TB	H65	44:10	2:31 2:31 3:01 2:29	6:02 3:31	8:31 2:29	13:05 4:34	15:38 2:33	19:03 3:25	22:04 3:01	30:05 8:01	34:15 4:10	38:09 3:54	43:23 5:14	44:10 0:47	
4		Detlev Friedrichs MTV Seesen	H65	46:06	2:44 2:44 3:53 3:22	6:37 3:53	9:59 3:22	13:17 3:18	17:02 3:45	21:18 4:16	26:24 5:06	30:52 4:28	35:50 4:58	40:34 4:44	45:21 4:47	46:06 0:45	
5		Tanja Buchholz MTK Bad Harzburg	D45	48:48	3:03 3:03 3:47 3:41	6:50 3:47	10:31 3:41	13:05 2:34	16:18 3:13	20:59 4:41	23:49 2:50	28:22 4:33	36:47 8:25	41:18 4:31	47:53 6:35	48:48 0:55	
6		Sonja Kunze OLV Uslar	D45	49:40	4:09 4:09 7:30 3:58	11:39 7:30	15:37 3:58	17:54 2:17	21:38 3:44	25:44 4:06	28:49 3:05	34:31 5:42	38:45 4:14	43:35 4:50	49:02 5:27	49:40 0:38	

